MEA BREAK ACTIVITIES

All ages and families, no registration required.

Wed., Oct. 20, Tori’s Precious Pets,
1:30–2:30 p.m., Saint Peter Public Library

Thu., Oct. 21, Creation Station,
1:30–2:30 p.m., Saint Peter Public Library

Fri., Oct. 22, Movie in the Park,
Movie starts at 7 p.m., Gorman Park
*If it gets really cold, snow falls or it’s raining, we will have it as a drive in movie in the Community Center Parking Lot.

Saint Peter Community & Family Education
City of Saint Peter Recreation & Leisure Services Department
Saint Peter Community Center
600 South Fifth Street
St. Peter, MN 56082

Saint Peter Public Library
600 South Fifth Street
St. Peter, MN 56082

POSTAL PATRON
St. Peter, MN 56082

Download the PDF to your desktop for page navigation and active email and web links!
Saint Peter Recreation & Leisure Services Staff:

Joey Schugel, Department Director
Kayla Campbell, Recreation Program Supervisor
Gabriela Roemhildt, Assistant Recreation Program Supervisor
Jennifer Harlow, Secretary
Brenda McGugh, Library Supervisor
Leticia Snow, Assistant Library Supervisor

Contact Information:
Phone: 507-934-0667
Fax: 507-934-1204
E-mail: jenh@saintpetermn.gov
Web: www.saintpetermn.gov/recreation
Hotline: 507-934-0307 for cancellations, schedules and schedules
Like us on Facebook at:
City of Saint Peter

Registration:
Online: www.saintpetermn.gov
In person: Monday – Saturday, 8 a.m.– 5 p.m.
Mail: Recreation and Leisure Services
600 S. Fifth St., Suite 200
St. Peter, MN 56082

COVID-19 PRECAUTIONS
All programs will follow current federal and state health guidelines and mandates to reduce the spread of COVID-19. The Fall 2021 Activities Brochure reflects our department’s commitment to serving our residents of all ages. We understand how important recreation is to everyone’s wellbeing, and we are here to ensure our Saint Peter residents have opportunities to get active, socialize and learn new skills in the safest manner possible.

Registration & Refund Information
1. Paid registrations are due at least one week prior to the start of the class.
2. Community and Family Education Refunds: Full refunds will be given when Community and Family Education has to cancel an activity due to low enrollment. Refunds, less a $3 fee, will be given if a person withdraws from a program prior to the registration deadline. Refunds will not be granted if a request to withdraw from the program is made after the registration deadline has occurred.
3. Recreation Department Refunds: Full refunds will be given when the Recreation Department has to cancel an activity. Refunds, less a $3 fee, will be given if a person withdraws from a program prior to the start of the program or by the registration deadline. Refunds will not be granted if a program cancellation is made after the program has begun.
4. U-Care is accepted for Community & Family Education classes (only). Proof of coverage is required. Class payments vary based on your coverage. Please contact 934-3048 x. 1 for more information.
5. Adults with disabilities are invited to take part in the classes and activities of this brochure. With a ten-day notice, we will make every effort to provide everything necessary for an enjoyable experience. To find out more, please contact Community & Family Education (934-3048 x. 1) or Recreation and Leisure Services (934-0667).
6. Photography/Video Policy: Photographs/videos are occasionally taken of participants and visitors to facilities of the Saint Peter Recreation and Leisure Services Department and Saint Peter Community and Family Education. These photographs/videos are used to promote Recreation and Leisure programming and facilities in future Activity Brochures and a variety of other City of Saint Peter and School District 508 publications and social media. If you prefer that you or your child not be photographed during a registered program, you must “opt-out” on or before the first day of each listed course by completing an “opt-out” form at the Department’s registration desk. For any non-registered activities or visits to our parks or facilities, please notify the photographer if you prefer that you or your child not be photographed.

Please note: any opinions or viewpoints that are discussed during a class, event, or activity are directly from the instructor or event organizer and may not represent the philosophy or viewpoints of Saint Peter Community & Family Education or Saint Peter Recreation and Leisure Services.

Facility Information and Hours

Saint Peter Community Center 600 S. Fifth St., Suite 200
The Saint Peter Community Center offers a variety of amenities including meeting room space, gymnasium, walking track, senior center, and more. Visit www.saintpetermn.gov/community-center for more information.

Picnic shelter reservations
Shelters are available at Korman Park, Graul Park, and Lions Shelter at Roy T., Leindersberg Memorial Pool. Parties are also available as a picnic shelter for your gathering. Forms are available at the Recreation Office. 600 S. 5th St., Ste. 100. Call 507-934-0667 or email jenh@saintpetermn.gov with questions.

$50 Res., $35 Non-Res., (tax not included) plus a $100 damage deposit.

Minnesota Square Park Pavilion is also available to rent. Contact the Recreation Department for a reservation. 507-934-0667 or email jenh@saintpetermn.gov with questions.

$75 Res., $45 Non-Res., (tax not included) plus a $100 damage deposit.

Community Associations/Organizations for Fall 2021

Big Partner/Little Partner ... Amy Pehrson ... apehrson@gustavus.edu
Boy Scouts of America ..... Adam Pehrson  info@boystatus.org
Bulldog Youth Hockey ..... Jill Stensrud  president@bulldoghockey.org
Girl Scouts of Greater Swimming Area ... Girl Scouts of Greater Swimming Area ... girlscoutswv@girlscouts.org
Girls Fastpitch ..... Jolie Wohlers  www.sptfastpitchfastpitch.com

Saint Peter Basketball ..... Tony Pietrewicz  stpeterbasketball@gmail.com
Saint Peter Soccer ..... Jen Letts  presidet@saintpetersoccer.com
Saint Peter Volleyball ..... Cassandra Elfa  svpejnj@gmail.com
Saint Peter Wrestling ..... Jake Hesse  stpeteryouthwrestling.com
Saint Peter Youth Baseball ..... Ron Guganone  stpeterbaseball.org

Park Alcohol Permits
Permits are available for alcoholic consumption in the parks. To receive a permit, complete a park alcoholic form and provide a $100 damage deposit. Forms are available at the Recreation Office, 5PCO, 600 S. 5th St., Ste. 200. Call 507-934-0667 or email jenh@saintpetermn.gov with questions.
Apple Extravaganza
- Grades K-1. Crip, sweet, and refreshing...a true symbol of fall. Join us in learning with apples as we do everything from hands-on fun to tasting discoveries. Your mind will be challenged and your senses will be tested as we investigate how this symbol of fall can be used in so many fun and creative ways through the concepts of STEAM (Science, Technology, Engineering, Arts, Mathematics). Min. 4, max. 8.

Kim Depuydt

Tue., Sep. 28, 3:30–4:30 p.m., South ELC Room 122, Register by Sep. 20, $10 CY-F01

Pumpkinpalooza
- Grades K-1. Let’s take a STEAMY (Science, Technology, Engineering, Arts, Mathematics) approach to exploring pumpkins as we investigate the many ways pumpkins can be used for learning and for fun. We will create pumpkin art, make a pumpkin apple, and perhaps even read a pumpkin story or two. Min. 4, max. 8.

Kim Depuydt

Tue., Oct. 26, 3:30–4:30 p.m., South ELC Room 122, Register by Oct. 18, $10 CY-F02

Leaves are Falling! Winter’s Calling!
- Grades K-1. Your five senses help you understand the world around you. How do animals know it is time to hibernate into their winter homes? How do animal tracks help you know which animals have visited an area? Through exploration, observation, and hands-on investigation, we will pay close attention to how the sights and sounds of fall help animals and humans appreciate the season and prepare themselves for winter. Min. 4, max. 8.

Kim Depuydt

Tue., Nov. 9, 3:30-4:30 p.m., South ELC Room 122, Register by Nov. 1, $8 CY-F03

Frosty Fun, Here We Come!
- Grades K-1. Let’s talk about snow! Have you ever wondered how snowflakes are formed? Why are snowflakes large on some days and small on others? Join us as we explore snow through the lens of STEAM (Science, Technology, Engineering, Arts, Mathematics) by answering some of these common questions through projects, experiments, and hands-on exploration. Please bring snow pants, boots, coats, hats, and mittens. Min. 4, max. 8.

Kim Depuydt

Tue., Dec. 14, 3:30-4:30 p.m., South ELC Room 122, Register by Dec. 6, $8 CY-F04

Youth Voice Lessons with Ana Sampedro
- Via Zoom. Argentinean/ American Ana Sampedro is the niece of local mindfulness & meditation teacher Liz Power Hawkins. Ana is an opera singer at the Colon Theatre, and a voice teacher in school and music studios in Buenos Aires, Argentina. She is fluent in both English and Spanish.

These 30-minute lessons will begin with vocal warm-ups and breathing exercises to connect with bodily awareness. In addition to songs selected by your instructor, you’ll be encouraged to choose some of your own and to try different music styles according to your interests. You’ll focus on sound, phrasing, and expression in your singing, and improving vocal range while enjoying making music! Half-hour lessons are available on Mondays, Tuesdays or Thursdays between 3 and 5:30 p.m. CST. Call 507-934-3084 ext. 1 to schedule a lesson time. Online registration is not available for private lessons.

Ana Sampedro MONDAYS
Sess. 1: Sep. 13–27 (3 weeks), Register by Aug. 30, $67 CY-F01
Sess. 2: Oct. 4–25 (4 weeks), Register by Sep. 27, $69 CY-F02
Sess. 3: Nov. 1–29 (5 weeks), Register by Oct. 25, $111 CY-F03a
Sess. 4: Dec. 6–20 (3 weeks), Register by Nov. 29, $74 CY-F04a

TUESDAYS
Sess. 1: Sep. 7–27 (4 weeks), Register by Aug. 30, $67 CY-F01b
Sess. 2: Oct. 5–26 (4 weeks), Register by Sep. 27, $67 CY-F02b
Sess. 3: Nov. 4–18 (3 weeks), Register by Nov. 1, $51 CY-F03b
Sess. 4: Dec. 2–16 (3 weeks), Register by Nov. 29, $51 CY-F04b

Youth Private Piano with Emily P.
- Beginning through intermediate students. Looking for a new hobby or want to improve your piano skills? Look no further! Emily Parkins is a Music Industry graduate from MNSU and has numerous years of experience playing the piano and harp and teaching private lessons. Lessons are tailored to each individual’s skill level and goals. Bring a notebook and current lesson books if you have them for the first lesson. Otherwise, music will be provided for the first lesson. 30-minute virtual or in-person lessons are available on Tuesdays or Thursdays from 2:00–6:30 p.m. Call 507-934-3084 ext. 1 to schedule a lesson time. Online registration is not available for private lessons.

Emily Parkins

TUESDAYS, SPHS Music Practice Rm. 4
Sess. 1: Sep. 7–28 (4 weeks), Register by Aug. 30, $51 CY-F01b
Sess. 2: Oct. 5–26 (4 weeks), Register by Sep. 27, $67 CY-F02b [Adult lesson price $73]
Sess. 3: Nov. 4–18 (3 weeks), Register by Nov. 1, $51 CY-F03b [Adult lesson price $55]
Sess. 4: Dec. 2–16 (3 weeks), Register by Nov. 29, $51 CY-F04b [Adult lesson price $55]
**Youth Sports**

**Valley Volleyball Traveling League**
- **Grades 5–6.** Join this traveling league that focuses on team development, offense, defense, and team development. Teams will be balanced and provide an equal amount of playing time for players. Participants are responsible for transportation to surrounding communities for league games on Saturdays. Towns include Belle Plaine, Le Sueur, New Prague, TCU Montgomery, TCU Le Center, WEM and Cleveland. Min. 6, max 20 per grade level.
- **Practices:** Tuesday, Thursday and Friday 6–7:15 p.m.
- **Season:** Sept. 13–Oct. 21.
- **Register:** Anytime at https://saintpetermn.gov/creative-play-place

**Saint Peter Soccer First Skills**
- **Grades 4-8.** This introductory soccer program builds the foundational skills young players need by introducing them to soccer in a fun, supportive environment. Coaches will demonstrate how to play. Players will develop important foundational soccer skills with a focus on ball mastery, striking/shooting, and how to position in small-sided games. Soccer cleats and shin guards are required. Register with the Rec Office.
- **U8 (birth year 2014)**
  - Sun., Sept. 12–Oct. 10, **$100**, Community Spirit Park (West Soccer Fields)

**Saint Peter Soccer Club**
- **Grades 9–14.** St. Peter Soccer Club offers a competitive travel league for older youth, ages 9 and older. SPSC is a non-profit organization dedicated to promoting and enhancing the game of soccer for the participants is expected.
- ** Practices:** Monday and Thursday 6–7:15 p.m.
- **Season:** Sept. 13–Oct. 21.
- **Register:** Anytime at https://saintpetermn.gov/creative-play-place

**Youth Indoor Soccer**
- **Grades 2–12.** All skill levels, from complete beginner to experienced tournament fencers welcome. ARE YOU READY TO DUEL? Students will learn the basics of traditional sports and team development. Teams will be balanced and provide an equal amount of playing time for players. Participants are responsible for transportation to surrounding communities for league games on Saturdays. Towns include Belle Plaine, Le Sueur, New Prague, TCU Montgomery, TCU Le Center, WEM and Cleveland. Min. 6, max 20 per grade level.
- **Practices:** Tuesday, Thursday and Friday 6–7:15 p.m.
- **Season:** Sept. 13–Oct. 21.
- **Register:** Anytime at https://saintpetermn.gov/creative-play-place

**Fencing**
- **Grades 2–12.** All skill levels, from complete beginner to experienced tournament fencers welcome. ARE YOU READY TO DUEL? Students will learn the basics of traditional sports and team development. Teams will be balanced and provide an equal amount of playing time for players. Participants are responsible for transportation to surrounding communities for league games on Saturdays. Towns include Belle Plaine, Le Sueur, New Prague, TCU Montgomery, TCU Le Center, WEM and Cleveland. Min. 6, max 20 per grade level.
- **Practices:** Tuesday, Thursday and Friday 6–7:15 p.m.
- **Season:** Sept. 13–Oct. 21.
- **Register:** Anytime at https://saintpetermn.gov/creative-play-place

**Jr. Jammers Basketball**
- **Boys and girls.** Grades K–3. Saints Coach Sean Keating and high school players will work with participants to gain the skills needed to play the game of basketball. A small sided games approach will be used to instruct campers.
- **Grades K–4.** Ages 5–6. Saints Coach Thomas Foster will work with participants to gain the skills needed to play the game of basketball. A small sided games approach will be used to instruct campers.
- **Grades 5–8.** Ages 9–12. Saints Coach Thomas Foster will work with participants to gain the skills needed to play the game of basketball. A small sided games approach will be used to instruct campers.

**Girls on the Run**
- **Grades 3–5.** This program uses a fun fitness and running plan to focus on leadership development and cooperation. Register at www.mankatoyo.org. Scholarships are available.
- **Grades 4–8.** Ages 5–7. Girls on the Run, a fun fitness and team building program, encourages girls to focus on their strengths, are non-competitive and involve physical activity. Register at www.girlsonte.org.

**Creative Play Place**
- **Grades 0–6.** Creative Play Place is a free space for families and their children to play and connect. Opportunities include development of fine and social skills, creative activities such as: dramatic play, fine arts and music, social skills development, art expressions, partner grow concept and fun, friendship, and physical skills. Register at any time by phone or email at 507-934-3048 ext. 1 or email creativeplayplace@saintpetermn.gov.
- **Storytime in the Library:** Tuesday 4:30 p.m. and Thursday 6:30 p.m. Starting Sep. 7.

**SPPS Fall Athletics**
- **Sign up now for Fall high school activities which begin on August 18th!**
- **9–12 Football**
- **9–12 Volleyball**
- **7–12 Boys & Girls Soccer**
- **7–12 Boys & Girls Cross Country**
- **7–12 Girls Tennis**
- **7–12 Girls Swimming/Diving**

**Middle school volleyball and football begin on August 23rd (subject to change).** Reminder to sign up for activities online and to have an up-to-date physical! Use the activities website https://saintpeterschools.org/ to register and see the registration links and for more information! Please check your email or visit the Activity Office for more information.

**GO SAINTS!**
Family Open Gym
The Saint Peter Community Center will be set up for families to enjoy an evening of fitness together. Some of the hoops will be lowered so younger children have the opportunity to play basketball and toddler activities will be present in a section of the gym. This is reserved for families with small children only. First and Third Friday of the month, 6–8 p.m.

Grandparent’s Day – Friday, September 10
Sep. 3 & 17, Oct. 1 & 15, Nov. 5 & 19, Dec. 3 & 17
First and Third Friday of the month, 6–8 p.m.
This is reserved for families with small children only.

Parent’s Night Out
Ages 3 and up. Date night? Laundry night? Nap time? Whatever you choose to do just know Recreation Staff will tire your kids out by providing fun activities for the evening! A snack and beverage will be included. Activities will be in Room 219 and gymnasium. Please register ahead of time with the Recreation Office for each night separately. Children must be toilet trained to attend.
Fridays, 6–8 p.m., $7 per child, $5 for each additional child, SPCC Rm. 219
Oct. 8, Nov. 12 and Dec. 10

Oktoberfest Activities – Saturday, September 25
Kiddoerfest Parade
All Ages. Celebrate Oktoberfest with the whole family! Meet in the State Farm Parking lot at 12:45 p.m. for the parade line-up. The route will be going down 3rd Street and finishing at Lot 5. Dress up! Decorate your float!
Sat., Sep. 25, 12:45 p.m., State Farm Parking Lot, Free

Exploration Recreation Activities
All Ages. Activities will be available for kids and families following the parade. We will be close to Fire Station.
Sat., Sep. 25, 1–4 p.m., Free

Adult Bean Bag Tournament
Ages 16 plus. Please register ahead of time with the Recreation Office. Walk on teams are welcome.
Sat., Sep. 25, 4–7 p.m., Free

The Great Candy Cane Hunt
All ages with an adult. Join in “The Great Candy Cane Hunt!” Over 4,000 candy canes can be found while exploring the Community Center! Meet in the gym prior to your desired hunt time and the group will all start hunting together.
Sat., Dec. 4, Free, SPCC Gym
Hunt Times: 9–9:10 a.m., 9:30–9:40 a.m., 10–10:10 a.m., and 10:30–10:40 a.m.

Santa Claus is coming through Town
We heard back from the North Pole that Santa is coming to visit the wonderful families in Saint Peter! A route will be shared when the day gets closer. Look for more details on the City website and Facebook page.
Sat., Dec. 11, 5–8 p.m.

Kwanzan Holiday Lights
All families interested. Please register ahead of time with the Recreation Office. We will drive through and if time allows, park and walk.
Mon., Dec. 27, 6 p.m., $5 per family, SPCC #219

Youth Open Gym
All ages. This time is reserved for youth to burn off some energy during break! There will be basketball and Exploration Recreation Activities on one half of the gym and the other half will be soccer and floor hockey for you to enjoy available for play.
Tue., Dec. 28, 1–3 p.m.
Thu., Dec. 30, 1–3 p.m.

School Readiness & ECFE

ECFE Class Offerings Fall 2021
Babies (Birth to 12 Months, pre-walking)
You and your baby will enjoy a fun time of exploration focusing on large and small muscle development and sensory awareness. This class provides an opportunity for you and your baby to be in contact with other families to share ideas and ask questions about the fascinating changes your growing baby experiences.
● Sess. 1: Tue., Sept. 21–Dec. 7, 6–7 p.m.

Toddler’s (9-24 months, walking)
This class is designed to meet the needs of the active toddler who is always on the go and investigating everything in sight. Toddler class will also give you time to visit other parents and share ideas and concerns on raising children.
● Sess. 2: Thurs., Sept. 23–Dec. 9, 6–7 p.m.

Separating ECFE Classes
These classes focus on listening skills, movement activities, communication skills and exploring the world around us through circle time, individual and group activities. During the second half of the class, parents will meet to enjoy refreshments and discuss parenting topics with a licensed parent educator.
20–36 Months (Separating Class)
● Wed., Sept. 22–Dec. 8, 10:30 a.m.–12 p.m.

2s and 3s (Separating Class)
● Tues., Sept. 21–Dec. 7, 6–7:30 p.m.

To Register or for more information:
● In person: Saint Peter Early Childhood Center or Community Center, Suite 207
● By phone: 507-934-4211 Ext. 2018 or 507-934-3048, Ext. 2
● Online: 24/7: stpetercommunityedonline.com

ECFE Fees
Fees for all Joy of Parenting classes and sibling care are based on a family’s yearly gross income. Payments are confidential. Consider the sliding fee and choose what your family can afford. No Saint Peter School District resident will be denied participation due to inability to pay. Call 651-4211 with questions.

Family’s Yearly Gross Income Fee Family’s Yearly Gross Income Fee
Family’s Yearly Gross Income Fee
$50,000 or less $0 $50,000–$69,999 $34 $60,000–$69,999 $45
$70,000–$79,999 $50 $80,000–$89,999 $55 $90,000–$99,999 $65
$100,000–$109,999 $60 $110,000 or more $70

$80,000–$99,999 $65 $100,000–$109,999 $70 $110,000 or more $80

$60,000–$69,999 $55 $70,000–$79,999 $60 $80,000–$89,999 $65

$40,000–$49,999 $38 $50,000–$59,999 $45 $60,000–$69,999 $55

$20,000–$29,999 $22 $30,000–$39,999 $34 $40,000–$49,999 $45

$0–$19,999 $8 $20,000–$29,999 $22 $30,000–$39,999 $34

$88 $68 $68

Non-resident fees: $108 (Non-resident availability confirmed Jan. 1)

3s, 4s, and 5s (Separating Class)
Wed., Sept. 22–Dec. 8, 8:30–10 a.m.
Mon., Sept. 20–Dec. 6, 6–7:30 p.m.

To Register or for more information:
● In person: Saint Peter Early Childhood Center or Community Center, Suite 207
● By phone: 507-934-4211 Ext. 2018 or 507-934-3048, Ext. 2
● Online: 24/7: stpetercommunityedonline.com

ECFE Fees
Fees for all Joy of Parenting classes and sibling care are based on a family’s yearly gross income. Payments are confidential. Consider the sliding fee and choose what your family can afford. No Saint Peter School District resident will be denied participation due to inability to pay. Call 651-4211 with questions.

Family’s Yearly Gross Income Fee Family’s Yearly Gross Income Fee
Family’s Yearly Gross Income Fee
$50,000 or less $0 $50,000–$69,999 $34 $60,000–$69,999 $45

$70,000–$79,999 $50 $80,000–$89,999 $55 $90,000–$99,999 $65

$100,000–$109,999 $60 $110,000 or more $70

$80,000–$99,999 $65 $100,000–$109,999 $70 $110,000 or more $80

$60,000–$69,999 $55 $70,000–$79,999 $60 $80,000–$89,999 $65

$40,000–$49,999 $38 $50,000–$59,999 $45 $60,000–$69,999 $55

$20,000–$29,999 $22 $30,000–$39,999 $34 $40,000–$49,999 $45

$0–$19,999 $8 $20,000–$29,999 $22 $30,000–$39,999 $34

$68 $68 $68

Non-resident fees: $108 (Non-resident availability confirmed Jan. 1)
Aquatics

AMERICAN RED CROSS SWIM LESSONS
Saint Peter Public School & Community Pool – 100 Lincoln Drive, St. Peter

Water Babies

- Age 6 mos.–2 yrs. This class focuses on water adjustment and swim readiness.
  - Children must wear a swim diaper or plastic pants with their swimsuit.
  - A caregiver (age 18 or older) is required to be in the water with each child.

Min. 5, max. 10 Lessons
Sess. 1: Sat., Jan. 6-Feb. 12, 9:45–10:15 a.m. Register by Jan. 3, SWM-W01
Sess. 2: Tue. & Thu., Jan. 11–Jan. 27, 5:45–6:15 p.m. Register by Jan. 3, SWM-W05
Sess. 3: Sat., Mar. 5–Apr. 9, 9:45–10:15 a.m. Register by Feb. 28, SWM-W06

Dolphins

- Age 4 yrs. Learn water adjustment, breath control, submerging, and buoyancy on front and back with support. No caregiver in the water with child.
  - A caregiver (age 18 or older) is required to be in the water with each child.

Min. 5, max. 8 Lessons, $36
Sess. 1: Sat., Jan. 6-Feb. 12, 9:45–10:15 a.m. Register by Jan. 3, SWM-W04
Sess. 2: Tue. & Thu., Jan. 11–Jan. 27, 5:45–6:15 p.m. Register by Jan. 3, SWM-W08
Sess. 3: Sat., Mar. 5–Apr. 9, 9:45–10:15 a.m. Register by Feb. 28, SWM-W09

Sharks

- Age 5 yrs. Learn breath control, submerging, swimming and floating on front and back with support, water safety rules, using a life jacket and how to get help in an emergency.
  - A caregiver (age 18 or older) is required to be in the water with each child.

Min. 5, max. 8 Lessons, $36
Sess. 1: Sat., Jan. 6-Feb. 12, 9:45–10:15 a.m. Register by Jan. 3, SWM-W10
Sess. 2: Tue. & Thu., Jan. 11–Jan. 27, 5:45–6:15 p.m. Register by Jan. 3, SWM-W12
Sess. 3: Sat., Mar. 5–Apr. 9, 9:45–10:15 a.m. Register by Feb. 28, SWM-W12
AMERICAN RED CROSS SWIM LESSONS
Saint Peter Public School & Community Pool – 100 Lincoln Drive, St. Peter

Whales
- Age 6 yrs. Learn to fully submerge and hold breath, tread water, and change direction of travel while swimming on front or back. Appropriate water safety topics are also covered.
Min. 5, max. 8. Lessons, $36
Sess. 1: Sat., Jan. 8-Feb. 12, 10:30–11 a.m. Register by Jan. 3, SWM-W13
Sess. 2: Tue. & Thu., Feb. 8–25, 5–5:30 p.m. Register by Jan. 31, SWM-W14
Sess. 3: Sat., Mar. 5–Apr. 3, 10:30–11 a.m. Register by Feb. 28, SWM-W15

Level 1
- Age 7 yrs. Learn front and back independent (floating) kicking, alternating arm movement, water safety rules, and using a life jacket.
Min. 5, max. 10. Lessons, $48
Sess. 1: Sat., Jan. 8–Feb. 26, 10:30–11:05 a.m. Register by Jan. 3, SWM-W16
Sess. 2: Tue. & Thu., Feb. 8–Mar. 3, 5–5:30 p.m. Register by Jan. 31, SWM-W17
Sess. 3: Sat., Mar. 12–May 7 (skip 4/16), 10:30–11 a.m. Register by Feb. 28, SWM-W18

Level 2
- Age 7 yrs. & up. Learn submerging, front and back glide, jellyfish, back float, tread water, and swim on front and back for 15 feet. Level 1 pre-requisite.
Min. 4, max. 10. Lessons, $48
Sess. 2: Tue. & Thu., Mar. 15–Apr. 7, 5–5:35 p.m. Register by Mar. 7, SWM-W20
Sess. 3: Sat., Mar. 12-May 7 (skip 4/16), 11:20–11:55 a.m. Register by Mar. 7, SWM-W21

Level 3
- Learn to jump into deep water, kneel dive, rotary breathing, and the survival float, tread water, front crawl, elementary backstroke, flutter kick, dolphin kick and scissors kick. Level 2 pre-requisite.
Min. 4, max. 12. Lessons, $48
Sess. 1: Sat., Jan. 8–Feb. 26, 11:20 a.m.–12 p.m. Register by Jan. 3, SWM-W22
Sess. 2: Tue. & Thu., Mar. 15–Apr. 7, 5–5:40 p.m. Register by Mar. 7, SWM-W23

Level 4
- Learn standing and surface dives, swim under water, open turn, front and back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke. Level 3 pre-requisite.
Min. 4, max. 12. Lessons, $48
Sess. 2: Tue. & Thu., Apr. 19-May 12, 5–5:40 p.m. Register by Apr. 4, SWM-W25

Level 5
- Learn shallow dive, surface dives, flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, and survival swimming. Level 4 pre-requisite.
Min. 4, max. 12. Lessons, $48
Sess. 2: Tue. & Thu., Apr. 19-May 12, 5–5:40 p.m. Register by Apr. 4, SWM-W27

Level 6
- Fitness Swimmer. Work on stroke proficiency, open and flip turns, use pull buoy, fins, paddles, pace clock, calculate target heart rate, water exercise, and fitness training. Level 5 pre-requisite.
Min. 4, max. 12. Lessons, $48
Sess. 2: Tue. & Thu., Apr. 19-May 12, 5–5:40 p.m. Register by Apr. 4, SWM-W29

Private Lessons –
- Level 3 and under parent is required in the water with child.
$62, Three 30 min. lessons per child. One on one private lessons must be arranged through Community and Family Education, call 934-3048 to register.

Semiprivate Lessons –
- $65/pair, Three 30 min. lessons per two children at the same level. Semi-private lessons with a ratio of one instructor to two students. Lessons must be arranged through Community and Family Education, call 934-3048 to register.

Lifeguard Training –
- For ages 15 years old and up or on during the course of training. Learn all the skills required for being a lifeguard. Classes must be successfully completed, and none may be missed. This class has an online component and will be a blended learning course. Prior to the first class, participants will be responsible to view 10 hours of online instruction and videos through the Red Cross website (available only through Internet Explorer). Students will be certified for 3 years upon successful completion of rescue skills test, CPR skills test, and a written test. Students with valid certificates are eligible to apply for open positions at area pools.
Min. 6, max. 14
Nicole Ruhiand
Sat. & Sun., Oct. 30, Nov. 13, 14, 9 a.m.–1 p.m. Register by Oct. 18, 12:15, SWM-F28

ADULTS

Early Morning Lap Swim/Water Walking
Mon. – Fri., Step. 1-May 13, 5:45–7:15 a.m.
No swimming Oct. 21 & 22, Nov. 25 & 26, Dec. 23-Jan. 1, Jan. 17, Feb. 21, Mar. 21, Apr. 11–15, $4 per time or $64 for 20 punch ticket

FACILITY USE

Pool Weather Cancellation/Closing Policy:
The pool follows the same policy as ISD 508 regarding closings and cancellations. Call the Community Education Weather Information Line: 934-3048 x. 1.

The pool is available for rental on: Fri. from 6–9 p.m., Sat. from 4–9 p.m., and Sun. from 12–8 p.m.
- Make your reservation at least 2 weeks in advance.
- Please note children 9 and under must be accompanied in the water by a caregiver age 18+
- Please note: rental cancellations made less than 7 days prior to the rental date will not be refunded.

At CMC, the pool is closed on Weds.
- Rental cancellations made less than 7 days prior to the rental date will not be refunded.

Rental Fees Per Hour
1–25 swimmers $69 Res./$77 Non-Res.
26–50 swimmers $70 Res./$91 Non-Res.
51–75 swimmers $81 Res./$104 Non-Res.
76–100 swimmers $91 Res./$118 Non-Res.
Beginning/Gentle Hatha Yoga:
Start taking care of YOU! Strengthen your body and calm your mind with yoga! This class is ideal for beginners of all fitness levels and teaches the health benefits of all basic yoga poses. In this 60-minute gentle yoga class, strength, flexibility, balance and breath work will be the main focal points. This class is also ideal for you if you are new to yoga or have been away and need a refresher. Yoga mats provided, wear comfortable clothing. info@stpeteryoga.com
Tressa Bushaw, St. Peter Yoga Studio (112 Grace St.) Wednesdays at 6-7 p.m. 6 week sessions, $48. Session 1: Sep. 8–Oct. 13, Register by Sep. 7, WEL-F01 Session 2: Oct. 20–Nov. 24, Register by Oct. 18, WEL-F03

Active Living
Adult Social/Open Pickleball:
In this 60-minute gentle yoga class, strength, flexibility, balance and breath work will be the main focal points. This class is ideal for you if you are new to yoga or have been away and need a refresher. Yoga mats provided, wear comfortable clothing. info@stpeteryoga.com
Tressa Bushaw, St. Peter Yoga Studio (112 Grace St.) Wednesdays at 6-7 p.m. 6 week sessions, $48. Session 1: Sep. 8–Oct. 13, Register by Sep. 7, WEL-F01 Session 2: Nov. 1–Dec. 6, Register by Oct. 25, WEL-F04

Empowering You: The McKenzie Method Experience:
Watch a live demonstration of the McKenzie Method pain management system, and find out why it’s proven to eliminate back, neck, and extremity pain in fewer visits than traditional chiropractic treatment.
Dr. Seth Nelson, D.C., CVSMT Rising Sun Chiropractic, 1520 S. Minn. Ave. Tues., Sep. 21, 5:30 p.m.
Call 934-3048 x. 1 to register by Sep. 13, $5 WEL-F05

Better Sleep: 101:
Tired of waking up for a full night’s rest? You’re not alone; most of us would benefit from more and better sleep. Afterall, sleep is imperative to healthy body and brain function. Experience the rest you dream of with simple, effective changes to your bedtime routine. Dr. Seth Nelson, D.C., CVSMT Rising Sun Chiropractic, 1520 S. Minn. Ave. Tues., Oct. 19, 5:30 p.m.
Call 934-3048 x. 1 to register by Oct. 11, $5 WEL-F06

Eliminate Belly Bloat:
Dr. Seth will reveal the most common foods to cause bloating, tools to combat the discomfort, and how to feel good during the season of holiday foods. Dr. Seth Nelson, D.C., CVSMT Rising Sun Chiropractic, 1520 S. Minn. Ave. Tues., Nov. 16, 5:30 p.m.
Call 934-3048 x. 1 to register by Nov. 8, $5 WEL-F07

The True Grinch of Christmas:
Sweets and treats negatively impact the body and brain, bringing out an inner Grinch! Learn why avoiding sugar is a gift to yourself (and others), and enjoy alternative recipes this holiday season with our detailed guide.
Dr. Seth Nelson, D.C., CVSMT Rising Sun Chiropractic, 1520 S. Minn. Ave. Tues., Dec. 7, 5:30 p.m.
Call 934-3048 x. 1 to register by Nov. 29, $5 WEL-F08

So Your Kid Had a Concussion, Now What?
Tired of wishing for a full night’s rest? You’re not alone; most of us would benefit from more and better sleep. Afterall, sleep is imperative to healthy body and brain function. Experience the rest you dream of with simple, effective changes to your bedtime routine. Dr. Seth Nelson, D.C., CVSMT Rising Sun Chiropractic, 1520 S. Minn. Ave. Tues., Dec. 7, 5:30 p.m.
Call 934-3048 x. 1 to register by Nov. 8, $5 WEL-F07

Power Hour – Tuesdays and Thursdays:
This free program utilizes a combination of aerobic conditioning, strength training, and core engagement. This class brings variety to your fitness routine while using a variety of equipment and partner activities may be included.
Sess. 2: Nov. 2–Dec. 30, 6:15–7:15 p.m., $80, SPCC #310A *Class on Nov. 2 will be held in #219

Strech and Sculpt – Wednesdays:
An hour of total body stretching and sculpting! This class is for all fitness levels (everyone works at their own pace) and reaches deep into the body to tone and stretch every inch. This class focuses on building strength and flexibility.
Sess. 1: Sep. 1–Oct. 7, 5:30–6:30 p.m., $40, SPCC #310A Sess. 2: Nov. 3–Dec. 29, 5:30–6:30 p.m., $40, SPCC #310A

Free! Pickleball Clinic:
All ages. All are welcome! All equipment will be provided. Please register with the Recreation Office.
Wed., Sep. 8, 6-7:30p.m., SPCC Gym

Adult Sand Volleyball Tournament:
Ages 14 and up. Register with the Recreation Office. Childcare programming during all three classes. Contact kaylorc@saintpetermn.gov to coordinate.
Wed., Sep. 8, 6-7:30p.m., SPCC Gym

Daytime/Beginner Pickleball:
Max of 16 players per day – registration opens 48 hours prior to open Pickleball time. Purchase a punch card from the Recreation Office or online. No walk-ins.
Mon., Wed., and Fri. from Sep. 13–Dec. 29, 11:15 a.m.–1:15 p.m.
**No Pickleball Nov. 1, Dec. 24

Co-Ed Volleyball League:
Block out the distractions of the everyday life for some healthy adult fun! This refereed, non-sanctioned league consists of 12 regular season games plus an end of season tournament. Register deadline Fri., Oct. 22.
Mon., Nov. 8–March, SPCC Gym, $350 per team

Community Center Walking Track:
Walking is great exercise for everyone! Take advantage of the indoor walking track at the community center. The track circles above the gymnasium and is open during building hours (except Tuesday mornings for maintenance). 13.5 laps equals one mile. Clean walking shoes are necessary, Free!

Superfood Smoothies Made Simple:
Lecture with tasting:
Smoothies can be a nutrient-filled quick and easy meal or snack. Holistic nutritionist, Jackie Mart, will share a few of her favorite recipes and talk about which ingredients are best for energy, clearer skin, weight loss, inflammation, cancer killing, and cleansing the body! Smoothie samples and recipes included!
Min. 5, max. 25.
Jackie Mart, Optimum Wellness LLC
Wed., Oct. 13, 6-7 p.m., SPCC Rm. 219, Register by Sep. 20, $37 WEL-F10

Snacking Smarter:
Lecture with tasting:
We are on the go constantly and sometimes there is no time to stop and eat. We have become dependent on snacks. Learn to weed out the bad snacks to get down to the delicious, nutrient dense snacks you can easily take with you. I will talk about what a snack should consist of, how frequently you should be snacking and a few healthier, quick, and convenient options! Snacks will be provided! Min. 5, max. 25.
Jackie Mart, Optimum Wellness LLC
Wed., Oct. 13, 6-7 p.m., SPCC Rm. 219, Register by Oct. 4, $37 WEL-F11

Staying Healthy for the Holidays:
Lecture with tasting:
With the holiday season approaching, many of us find ourselves surrounded by festive food and the concern of weight gain. Studies have shown that the typical American may gain two to seven pounds over the six-week holiday season! The best way to avoid gaining weight over the holidays is to eat in moderation, keep a consistent exercise program and try Jackie’s 10 tips on how to avoid looking like a bloated reindeer come January 1st! Enjoy! Thanksgiving dessert and beverage samples included!
Min. 5, max. 25.
Jackie Mart, Optimum Wellness LLC
Wed., Nov. 17, 6-7 p.m., SPCC Rm. 219, Register by Nov. 8, $37 WEL-F12

How are you looking through your brochure and wondering how to tell what your needs to contact? Here's how to tell:

Blue dot next to class listing = Community Ed program
(partial of City of St. Peter Public Schools)
Call 507-934-3048 ext. 1, or visit stpetercommunityedonline.com

Green box next to class listing = Recreation & Leisure program (part of City of St. Peter)
Call 507-934-0667, or visit saintpetermn.gov/155_Recreation
Area Adult Learning Cooperative
Nate Wartman Coordinator
Classes begin Sept. 13, SPCC Rm. 210

**ABE / GED / Diploma**
Mon., Tue., Wed., Thu., Fri. 9–12:00 noon.
Mon., Tue., & Thu. 3:30–7 p.m.
Sat. 10 a.m.–1 p.m.
Diploma students must pre-register by calling 507-665-4626.

**English Language Classes**
Mon., Tue., Wed., Thu., Fri. 9–12:00 noon.
Mon., Tue., Wed., & Thu. 4–7 p.m.
Sat. 10 a.m.–1 p.m.

**Bridge to Work Readiness Class**
This course is designed for intermediate readers who need to work on job skills.
Class will be online with a live teacher. Call to set up an appointment to meet with the teacher.
Mon. & Wed. 11:30 a.m.–2:30 p.m.

Pre-registration is preferred before starting any class. Call (507) 665-4626 to schedule a visit or for more information.

Love and Logic: Adults Supporting Youth with Challenging Pasts
This parenting class will discuss the basics of the Love and Logic curriculum. It will also explain how to parent children with challenging pasts that may include different types of trauma. Min. 4, max. 10.
Justin Coates
Main Street Family Services

All sessions provide the same content
**Sess. 1:** Tue., Sep. 14–Oct. 19, 7–8:30 p.m., SPCC Rm. 104, Register by Sep. 7, $67 GI-F01
**Sess. 2:** Sat., Sep. 18–Oct. 30 (skip 9/25), 11:30 a.m.–1 p.m., SPCC Rm. 104, Register by Sep. 13, $67 GI-F02
**Sess. 3:** Tue., Nov. 2–Dec. 14, 7–8:30 p.m., SPCC Rm. 104, Register by Nov. 1, $67 GI-F03
**Sess. 4:** Sat., Nov. 6–Dec. 18 (skip 11/27), 11:30 a.m.–1 p.m., SPCC Rm. 104, Register by Nov. 1, $67 GI-F04

Living Sustainably: Simple Ways to Care for the Earth in Your Own Home and Yard
Being more sustainable takes all of us, but there are simple steps that you can take at home.
In this seminar, you will learn easy ways to create less waste and help protect our environment.
This will include ways to cut back on the use of single-use plastics and having a more sustainable household overall.
Min. 5, max. 100
Sam Benson
Ann Brugegman
Thu., Sep. 23, 7–8 p.m., SPSH Choir Rm.,
Register by Sep. 20, $5 per household, GI-F05

How to Make Your Home More Energy Efficient and Save Money
Briana Baker, an energy and weatherization specialist from Minnesota Valley Action Council will share tips and answer questions about how to make your home more energy efficient and lower your energy bills.
This session will also include information on how to sign up for the City of Saint Peter’s Solar Garden program.
Min. 5, max. 100
Briana Baker
Sam Benson
Thu., Oct. 21, 7–8 p.m., SPCC Rm. 219,
Register by Oct. 18, $5 per household, GI-F06

One-on-One Conversational Spanish Lessons with Ana Sampedro
Via Zoom.
Brush up on your Spanish or start learning from scratch as you converse one-on-one with Argentinian/American Ana Sampedro in these thirty-minute lessons customized to your level and expectations.
Expand your vocabulary and practice pronunciation as you chat about everyday life in the U.S. and converse one-on-one with Argentinian/American Ana Sampedro in these thirty-minute lessons customized to your level and expectations.
Min. 4, max. 10.
Ana Sampedro
Registration is not available for private lessons.

**Sess. 1:** Sep. 13–27 (3 weeks), Register by Aug. 30, $109 GI-F1aa
**Sess. 2:** Sep. 18–Oct. 30 (3 weeks), Register by Sep. 28, $109 GI-F1bb
**Sess. 3:** Sep. 13–27 (3 weeks), Register by Aug. 30, $109 GI-F1ba
**Sess. 4:** Dec. 2–16 (3 weeks), Register by Nov. 29, $109 GI-F4dd

Civil Rights Pilgrimage Travel Experience
The Civil Rights Pilgrimage is a high-impact experiential professional development event that provides significant learning about civil rights and social justice issues and will provide the basis for ongoing conversations about equity, diversity, and inclusivity within the participants’ community.
This bus trip is a program of the University of Wisconsin-Eau Claire.
The itinerary includes departure from Eau Claire to Atlanta, Little Rock, Memphis, and return to Eau Claire.

Fri., Jan. 7–Mon., Jan. 17, 2022
For more information, visit:
https://www.uwec.edu/edi-student-affairs/civil-rights-pilgrimage/
https://www.facebook.com/CivilRightsPilgrimage

To make reservations, email: Jodi Thesing-Ritter at thesinjm@uwec.edu

2021 Rural MN Equity Summit
Celebrating the Power of Collective Change in Rural Communities
Join us for this two-day virtual summit
Tue. & Wed., Nov. 30 & Dec. 1
7:30 a.m. – 1 p.m.
This summit has something for everyone who wants to expand their knowledge and understanding of Diversity, Equity, and Inclusion throughout rural MN.
• Engaging Speakers
• Interactive Break-out Sessions
• Networking
• Reflection Spaces
• Learning Circles
• Inspirational Messages
• Practical Tips and Ideas

**EARLYBIRD SPECIAL:**
Register by Oct. 29 and pay only $50.
After Oct. 29 tickets are $60.
Registration begins Sept. 15!

CEUs are available.
Register at
www.stpetercommunityonline.com
or call 507-934-3048 ext. 1.

Discover – Challenge – Reflect
Connect – Activate
This event is sponsored in partnership with Greater Mankato Diversity Council, Saint Peter Community & Family Education, and the University of Minnesota Extension Center for Community Vitality.

Somali Language & Culture
Learn conversational phrases like introductions, common questions, and more.
Buraq Ahmed will teach you how to converse in real life settings with neighbors, colleagues, customers/patients, and friends.
Discover Somali culture and learn about family roles, religion, and customs.
Please bring a notebook and pen
Min. 6, max 15
Buraq Ahmed, SPPS District Liaison
Wed., Oct. 6–27, 6:30–7:30 p.m., Library Meeting Rm., Register by Sep. 28, $89 GI-F07

St. Peter Reads
Reading in Common
In Weapons of Math Destruction: How Big Data Increases Inequality and Threatens Democracy, Cathy O’Neil challenges us to face the negative consequences of algorithms by exploring the impact on “people who have been deemed unworthy in some way by an algorithm.”

(Source: E. Lamb, ScientificAmerican.com)
Copies are available for purchase at Community & Family Education, Public Library, Swedish Kontur, Nutter Clothing, Food Co-op, Her Happy Place, Herald, Nicollet County Historical Society, and Gustavus Book Mark.

Living Sustainably: Simple Ways to Care for the Earth in Your Own Home and Yard
Being more sustainable takes all of us, but there are simple steps that you can take at home.
In this seminar, you will learn easy ways to create less waste and help protect our environment.
This will include ways to cut back on the use of single-use plastics and having a more sustainable household overall.
Min. 5, max. 100
Sam Benson

Emily Bruflat
Ann Bruggeman
Thu., Sep. 23, 7–8 p.m., SPSH Choir Rm.,
Register by Sep. 20, $5 per household, GI-F05

How to Make Your Home More Energy Efficient and Save Money
Briana Baker, an energy and weatherization specialist from Minnesota Valley Action Council will share tips and answer questions about how to make your home more energy efficient and lower your energy bills.
This session will also include information on how to sign up for the City of Saint Peter’s Solar Garden program.
Min. 5, max. 100
Briana Baker
Sam Benson
Thu., Oct. 21, 7–8 p.m., SPCC Rm. 219,
Register by Oct. 18, $5 per household, GI-F06

One-on-One Conversational Spanish Lessons with Ana Sampedro
Via Zoom.
Brush up on your Spanish or start learning from scratch as you converse one-on-one with Argentinian/American Ana Sampedro in these thirty-minute lessons customized to your level and expectations.
Expand your vocabulary and practice pronunciation as you chat about everyday life in the U.S. and converse one-on-one with Argentinian/American Ana Sampedro in these thirty-minute lessons customized to your level and expectations.
Min. 4, max. 10.
Ana Sampedro
Registration is not available for private lessons.

**Sess. 1:** Sep. 13–27 (3 weeks), Register by Aug. 30, $109 GI-F1aa
**Sess. 2:** Oct. 4–25 (4 weeks), Register by Sep. 27, $145 GI-F2aa
**Sess. 3:** Nov. 1–29 (5 weeks), Register by Oct. 25, $181 GI-F3aa
**Sess. 4:** Dec. 6–20 (3 weeks), Register by Nov. 29, $109 GI-F4aa

TUESDAYS
**Sess. 1:** Sep. 7–28 (4 weeks), Register by Aug. 30, $145 GI-F1bb
**Sess. 2:** Oct. 5–26 (4 weeks), Register by Sep. 27, $145 GI-F2bb
**Sess. 3:** Nov. 2–30 (5 weeks), Register by Oct. 25, $181 GI-F3bb
**Sess. 4:** Dec. 7–21 (3 weeks), Register by Nov. 29, $109 GI-F4bb

THURSDAYS
**Sess. 1:** Sep. 9–30 (4 weeks), Register by Sep. 6, $145 GI-F1dd
**Sess. 2:** Oct. 7–28 (4 weeks), Register by Sep. 27, $145 GI-F2dd
**Sess. 3:** Nov. 4–18 (3 weeks), Register by Nov. 1, $109 GI-F3dd
**Sess. 4:** Dec. 2–16 (3 weeks), Register by Nov. 29, $109 GI-F4dd
FILMS on THURSDAYS
The Nicollet County Historical Society and Saint Peter Community and Family Education presents our 13th season of documentary films! This fall, our films will not be shown in person. Instead, we are providing the links for you to view these films online for free at home. After viewing each film, we encourage you to participate in an online discussion in the Documentary Film Series Discussion Page on NCHS’s Facebook page.

Remember to join the Documentary Film Series Discussion Page on NCHS’s Facebook Page.

10

Adult General Interest

Minnesota Starwatch Program with WCCO’s Mike Lynch

Make the stars your old friends as we watch the great celestial show in the skies over St. Peter! We’ll have giant telescopes aimed at the best targets in the sky, including moons of planets, galaxies, and more. Live video telescopes will also be available.

Get to know constellations like The Big Bear, Cygnus, the Swan, Pegasus the Winged Horse, and others. Great constellation mythological stories will also be featured.

Mike Lynch is a retired WCCO meteorologist and has been hosting star watch parties and teaching astronomy classes since 1972. He also writes a weekly stargazing column for the St. Paul Pioneer Press and is the author of the book “Stars, a Month by Month Tour of the Constellations.” It’ll be available for purchase at a discount. Super cool glow-in-the-dark star shirts will also be available for sale. This program is best suited for adults and children ages 8 and up.

Children must be accompanied by an adult. Bring a lawn chair to make yourself comfy! Class will be held rain or shine. Min. 20, max. 50.

Fri., Nov. 5, 7–9 p.m., SPHS Commons Area, Register by Nov. 1. $8 per person, $20 per family

ARTS & CRAFTS

Hematite Bead Bracelet

Calling adults new to jewelry making and those with an artistic spirit. Learn what hematite is, where it is found, how it is made into jewelry, and its healing qualities. Design and create your very own beautiful bracelet. All materials are provided. Let’s create something amazing together! Min. 3, max. 25

Jenna Galtyn

Sess. 1: Tue., Oct. 5, 6–7 p.m., SPCC Rm. 102, Register by Sep. 27, $25 GI-F10
Sess. 2: Tue., Nov. 16, 1–2 p.m., SPCC Rm. 102, Register by Nov. 8, $25 GI-F11
Sess. 3: Tue., Dec. 4, 6–7 p.m., SPCC Rm. 102, Register by Dec. 5, $25 GI-F12

Self-Binding Baby Blanket

Is someone you know having a baby? Would you like to give them a handmade gift? You can do just that by making a cute self-binding baby blanket in this class. Two coordinating fabrics, all that are necessary to make this 36 x 36 snuggly baby blanket.

A sewing machine is required for this class or can be rented during class. Kits are available in two choices or you can bring your own fabric. Class Hours: 2 ½. Contact Lisa Nagel with questions: 507-420-3178. A complete supply list will be sent by email, or you may pick up a hard copy at the Community Ed office in the Saint Peter Community Center. Min. 4.

Lisa Nagel

Bobbin Nest Quiltery

Mon., Sep. 13, 6–8:30 p.m., SPCC Rm. 217, Register by Sep. 7, $17 payable to Community Ed at registration (optional fees for sewing machine rental and/or flannel fabric kit are payable directly to the instructor at the first class). GI-F13

Sewing Machine Rental (optional): $5
Flannel (fabric) Kit (optional): $20 (this will be Quilt Shop Quality fabrics)
Please specify choice: yellow/tiny baby flannel or owls/turquoise flannel

Beginner Quilt Class

Are you always wanting to learn to quilt but don’t know where to start? This class will teach you the basics from reading a pattern, quilting terms, cutting fabric, chain stitching, assembling the top and more. You should have your quilt top complete by the end of the class and we’ll discuss options on how to finish the quilt. This class is for the very beginner quilter to anyone who wants to fine tune their skills or learn a few new tips. Class includes instruction and pattern (Five Yard Quilt) to complete a 52 x 68 quilt. Materials (Quilt Shop Quality fabrics) can be purchased at the Community Ed office before class.

A sewing machine is required or can be purchased as a rental. A complete supply list will be sent by email, or you may pick up a hard copy at the Community Ed office in the Saint Peter Community Center. Min. 4.

Lisa Nagel

Bobbins Nest Quiltery

Wed., Sep. 29, Oct. 6 & 13, 6–8:30 p.m., SPCC Rm. 217, Register by Sep. 20, $41 payable to Community Ed at registration (optional fees for sewing machine rental and/or material kit are payable directly to the instructor at the first class). GI-F14

Sewing Machine Rental (optional): $15
Material Kit for top (optional): $65
Select kit color: sage green, blues, purples, brown/tans/creams, black/gray/white
If you would prefer to purchase your own materials, let the CE office know and we’ll fill you a materials list.

Memory Quilt Class

In this class you will create a quilt from pieces of clothing. Remember Grandparents or anyone with these special quilts. Life is Good pattern by Bean Counter Quilts will be used to showcase the fabric. You’ll be sure to take a trip down memory lane as you see each fabric in the quilt. Cotton clothing is preferred but others can be used as well. If any of the clothing is very thin or stretchy material interfacing can be added to keep it stable. 7-14 pieces of clothing is required for a 64.5” x 78” lap size quilt.

The more articles of clothing the more variation you’ll have in your quilt and the more interesting it will be. We will discuss quilt block options for finishing the quilt in class but the finishing will be completed outside of class. A sewing machine is required or available for rent. Class time: 8 hours. Contact Lisa Nagel with any questions: 507-420-3178. A complete supply list will be sent by email, or you may pick up a hard copy at the Community Ed office in the Saint Peter Community Center. Min. 4.

Lisa Nagel

Bobbins Nest Quiltery

Tue., Nov. 2, 9 & 16, 6–8:30 p.m., SPCC Rm. 217, Register by Oct. 25, $49 payable to Community Ed at registration (810 Bean Counter Quilts Life is Good pattern fee and optional $15 fee for sewing machine rental are payable directly to the instructor at the first class). GI-F15

** = Community & Family Education | 934-3048 ext.1 | stpetercommunityedonline.com
= Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

PREVIOUS PAGE TABLE OF CONTENTS NEXT PAGE

= Community & Family Education | 934-3048 ext.1 | stpetercommunityedonline.com
= Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

PREVIOUS PAGE TABLE OF CONTENTS NEXT PAGE
ARTS CENTER CLASSES
315 S. Minnesota Ave., St. Peter

**Modern Love: The Essay Challenge**

All levels, 16+. The New York Times essay column Modern Love is a long-form venue for love stories from all over the world. In this class, you will read a handful of essays, deconstruct them to see what makes them compelling, and then write our own Modern Love stories. The Arts Center will provide loom frames and low looms of the writing process. Participants will have the option to share work with the class, but it is not required. Min. 4, max. 8. Class will meet in the Arts Center's Second Story Writing Room, and participants may attend in person or via Zoom (email required upon registration so we have your info for Zoom).

**Intermediate Writing: Lagrange Socks**

All levels, 16+. In this four-week session, we will read and discuss the work of an American icon. We will explore Langhug's place in literary history and his role in the Harlem Renaissance. In particular, we will dive into a form he created called jazz poetry, and we'll look at the weekly columns he contributed to The Forward and The Masses. If Langhug is a writer you've always wanted to read more deeply, or if you are already familiar with his work and just want to hang out with a group of folks and talk about it, this class is for you. Provide your own copy of The Collected Poems of Langhug, available at most used book stores. Min. 4, max. 8.

**Paint Your Own Masterpiece: Barn Quilts**

All levels, 16+. In this four-week class, we will create a wonderful piece of quilt art for your home or to give as a unique gift. Laura will guide you through the process of creation and completion. You select your pattern from several provided or create your own (instructor will evaluate the difficulty level). You’ll learn how to measure, layout, and paint your own masterpiece! Be sure to wear painting clothes or a smock. Finishing size is 24”x24.”

Barn Quilts

Barn Quilts are bright and bold public art pieces that celebrate agriculture and rural life. Even if you do not know how to sew a quilt, you can create a wonderful piece of quilt art for your home or to give as a unique gift. Laura will guide you through the process of creating and completing. You select your pattern from several provided or create your own (instructor will evaluate the difficulty level). You’ll learn how to measure, layout, and paint your own masterpiece! Be sure to wear painting clothes or a smock. Finishing size is 24”x24.”

**Intermediate Weaving**

All levels, 16+. Via Zoom. Take your weaving to the next level by exploring a new structure – weave waffle learn about shrinkage, balance, and other key aspects of weaving a completed project. Solidify weaving skills and challenge yourself by completing a matched set of waffle weave washcloths in this four-week guided course. The Arts Center will provide a warped loom and fiber materials in advance. Please provide approximately 2 yards of toilet paper. Min. 4, max. 6.

**Fiber Arts: Scandinavian Knitting Motifs**

16+, Via Zoom. Learn to knit your own traditional Scandinavian motifs. Learn how to knit with multiple strands of color, follow motif patterns, and design your own motifs in the Fair Isle style. Provide your own supplies: 4”-skewers natural fiber (lightweight or #4) (medium) yarn, one skein each color, 2) 2 pairs size 7 needles, double-pointed or looped; 3) graph paper, pencil, ruler for pattern creation. Basic knitting skills are required. Min. 3, max. 5.

**Private Voice Lessons with Ana Sampedro**

Via Zoom. These 30-min lessons will begin with vocal warm-ups and breathing exercises to connect with body awareness. In addition to songs selected by your instructor, you'll be encouraged to choose some of your own, and to try different music styles according to your interests. You'll focus on your voice, and we will also incorporate imagery, physical and breathing exercises to connect with your singing, and improving vocal range while enjoying making music! Half-hour lessons are available on Mondays, Tuesdays or Thursdays between 3 and 5:30 p.m. CST. Call 507-934-3048 ext. 1 to schedule a lesson time. Online registration is not available for private lessons. Argentinian/ American Ana Sampedro is the niece of local mindfulness + meditation teacher Liz Power Hawkins. Ana is an opera singer at the Colon Theatre, and a voice teacher in school and music studios in Buenos Aires, Argentina. She is fluent in both English and Spanish.

**Advanced Private Piano Lesson with Emily H.**

See youth music section for schedule and pricing. Call Community Ed at 934-3048 ext. 1 to register and schedule a lesson time.
Senior Activities & Services

Gabriela Roehmliedt, Assistant Rec Program Supervisor
934-0667, gabriela@saintpetermn.gov
Saint Peter Community Center, Rm. 219
http://www.saintpetermn.gov/senior-center

BI-MONTHLY SAINT PETER SENIOR NEWSLETTER
This bi-monthly publication is full of up-to-date information and newly added programs. If you would like to receive this free newsletter by mail or e-mail please call the Recreation office 934-0667. Available on-line at www.saintpetermn.gov/senior-center. Please note that the Senior Center cancels all programs on snow days.

All activities are subject to cancellation. Please follow the City of Saint Peter on Facebook or online at www.saintpetermn.gov/senior-center for up-to-date information.

ENGAGE – CONNECT – LEARN

What’s New at the American Legion?

The local American Legion Post 37 has been remodeled and reenergized! Bingo, Pfeffer, puzzle parties and more – come hear about the latest program at YOUR community Legion and their own opportunity to play.

What the museum can also benefit grandparents and their own opportunity to play. Louise Dickmeyer, Chief Executive Officer of Children’s Museum of Southern Minnesota
Thu., Sep. 16, 11 a.m., Register by Sep. 13, SPCC Rm. 217, Free. LI-F01

Senior Activities & Services

Fall Prevention Awareness Day
Falls are common in adults 65 years of age and older. A fall risk assessment checks to see how likely it is that you will fall. This program will consist of fall assessment, including an initial screening, which will include a series of questions about your overall health and if you’ve had previous falls or problems with balance, standing, and/or walking and a set of tasks, known as fall assessment tools. These tools test your strength, balance, and gait (the way you walk).
Mike Beckman, Physical Therapist, Benedictine Living Community
Wed., Sep. 22, 11 a.m., SPCC Rm. 219, Free.

Living Well With Chronic Pain – Six Week Course
Living Well with Chronic Pain (LWCP) is a 6-session evidence-based workshop designed for those dealing with chronic pain. Participants learn self-management techniques and skills needed in the day to day management of their chronic pain condition. This program has also been proven effective with family and caregivers. This program also aims to help participants better communicate with their health care providers and make healthy day-to-day decisions.
Mary Cassenn, Catholic Charities of Southern Minnesota
Wed., Oct. 6 – Nov. 10, 10 a.m.—12 p.m., SPCC Rm. 217, Free. Registration required, call the Recreation Office at 934-0667.

Saint Peter School District Operating Referendum
Learn about the proposed school referendum that will be on the November ballot. A question and answer information session will be held to make you an educated voter.
Multiple dates and times, SPCC Rm. 219, Free
Thu., October 7, 7 p.m. – October 8, 10 a.m.
Thu., October 12, 10 a.m. – October 14, 7 p.m.
Tue., October 19, 10 a.m. – October 21, 7 p.m.
Thu., October 26, 10 a.m.
ACTIVE AGING WEEK ACTIVITIES

Active Aging Week is made possible by a grant from the Mankato Clinic Foundation. All activities are subject to cancellation and some activities may be added.

Mon., Oct. 4 Mindfulness Meditation Workshop with Marc Anderson
- A workshop on the mechanics and applications of meditation and other mindfulness based practices. This workshop is relevant for beginners as well as experienced practitioners.
- 2 p.m., SPCC Rm. 219, Free. No registration required.

Tue., Oct. 5 Pfeffer Tournament at the American Legion
- Play cards with old and new friends in this tournament. Raffle prizes, baked goods and more.
- 6:30 p.m., American Legion Post 27, Free. No registration required.

Wed., Oct. 6 Pickleball Clinic
- Want to learn the very basics and get to know the game of Pickleball? Learn with other beginner players in this 90-minute clinic. Pickleball is a fun game that you can learn quickly and improve the more you play. All are welcome and all equipment will be provided!
- 11 a.m., Veterans Memorial Park Courts, Free. No registration required. In case of rain, this event will be moved to the Saint Peter Community Center Gym.

Anishinaabe Bead Art
- Julie Boada of the Fond du Lac people introduces the art of beadading. Learn how patterns and colors can reflect tribal and family affiliations as you create your own beaded work of art.
- 2 p.m., SPCC Rm. 219, Free, Space Limited. Register with the Recreation office online or call, 934-0667.

Meet the Father of Kiwanis Holiday Lights
- What began as a far-fetched idea just over a decade ago has grown into one of Southern Minnesota’s premier holiday lights displays, the Kiwanis Holiday Lights. Founder Scott Wojcik will tell us how this dream came true and what new features to look for this November and December.
- Scott Wojcik, Founder/President of Kiwanis Holiday Lights, Presenter.
- Thu., Dec. 2, 11 a.m., SPCC Rm. 217, Free.

Anishinaabe Bead Art
- Julie Boada of the Fond du Lac people introduces the art of beadading. Learn how patterns and colors can reflect tribal and family affiliations as you create your own beaded work of art.
- 2 p.m., SPCC Rm. 219, Free, Space Limited. Register with the Recreation office online or call, 934-0667.

East African Meal Site
- East African elders living in the St. Peter area face unique challenges related to social isolation and barriers to accessing services in the community. Twice a month Somali elders and community members can gather to enjoy a healthy halal meal and learn about various health topics and community-based services. Contact Hib Mohamed for more information, 507-508-7669 or by email at mhiboaharaunsa@gmail.com.
- Thu., Dec. 2, 11 a.m., SPCC Rm. 217, Free.

Mon., Oct. 4 Mindfulness Meditation Workshop with Marc Anderson
- A workshop on the mechanics and applications of meditation and other mindfulness based practices. This workshop is relevant for beginners as well as experienced practitioners.
- 2 p.m., SPCC Rm. 219, Free. No registration required.

Fall Music Programs with the Saint Peter Public Library
All activities are subject to cancellation
This program is free and open to the public!

PolkaSo! All activities are subject to cancellation
- The musicians of Polka Sol will bring a variety of musical offerings to the community, including polkas, waltzes and old time songs, as well as music from Scandinavia, Ireland, France and more. This interactive event, which is infused with stories and humor, is sure to bring back memories of days gone by.
- Wed., Sep. 8, 2 p.m., SPCC Rm. 219, Free.

Life on the Mississippi River with Charlie Maguire
- Listen to Charlie sing of the people, places, and working jobs on the “Mighty Mississippi” in an interpretive program that won the prestigious “Freeman Tilden Award” for the Midwest Region of the NPS, as the only National Park Service Ranger hired just to play the guitar! Like Woody Guthrie before him, who wrote and sang about the Columbia River, Charlie’s singable songs will take you far and wide on one of the most famous rivers in the world.
- Wed., Oct. 13, 2 p.m., SPCC Rm. 219, Free.

Stringman Paul Imholt
- Paul refers to himself as a “stringman” because he plays a dozen or so folk instruments. Paul sings and plays fiddle, banjo, guitar, mandolin, viola, cello, autoharp, harmonica, jaw harp, and spoons, but his featured instrument is a hammered dulcimer. He performs traditional American ballads, Celtic fiddle tunes, light classical instrumentals, and original music.
- Wed., Nov. 10, 2 p.m., SPCC Rm. 219, Free.

Maud Hixson: Songs of the Season and Friends of the Library Annual Party
- Maud Hixson returns to St. Peter with her pianist for the holiday season and annual Friends of the Library seasonal celebration. Enjoy treats and drinks with live music from the season.
- Wed., Dec. 8, 2 p.m., SPCC Rm. 219, Free.

This project is made possible with money from Minnesota’s Arts and Cultural Heritage Fund and the people of Minnesota for Library Legacy activities.
Senior Activities & Services

- Community & Family Education | 934.3048 ext.1 | stpetercommunityedonline.com
- Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

14

Senior Activities & Services

Senior Fitness

- A health and fitness program designed to help older adults be more active, enjoy a better quality of life and have fun. All fitness levels welcome. Donna Haala, Certified Enhance Fitness Instructor. Please register online or at the Recreation Office.

Mon., Wed., Fri., 9 a.m. – 12 p.m., SPCC Rec. Ctr.

Foot Care Clinic

- Call Linda Dusek at 507-380-7163 to make an appointment. SPCC Rm. 215, $25

Tue., Sept. 7 & Tue., Sep. 21

Niccol County Loan Closet

- The Loan Closet provides a public service for people needing personal care equipment such as wheelchairs, walkers, bath benches, crutches, canes, commodes, and smaller pieces. Users must be a resident of or own property or land in Nicollet County. Equipment is loaned on a short-term basis not to exceed 6 months. Interested in learning more? Call 507-934-8559.

Tue., Dec. 7 & Tue., Dec. 21

Swan Lake Canoe Paddle

Swan Lake is North America’s largest wetland complex and one of the most healthy shallow lakes in southern Minnesota. Take a leisurely paddle on Swan Lake with the Minnesota Area Naturalist to learn more about this amazing resource. Meet at the boat ramp at Nicollet Bay (west of the city Nicollet) and paddle out into the lake for just over an hour. Be prepared for all types of weather and bring water and a snack.

Min. 6, Max. 25. Please register at the Recreation Office or call 934-0567.

Scott Kudelka, Minnesota Department of Natural Resources

Thu., Sep. 9, 9–11:30 a.m., Swan Lake, Nicollet County, $5.

Lutheran Social Services Meals Pop-Up Events

- Any seniors 60+ in Minnesota in need of nutrition can receive meals in bundles of 10 at each pop-up event on a first come, first serve basis. A quick, easy form will need to be filled out for anyone who would like to pick up meals with the assistance of an LSS volunteer or worker. The homestyle meals are produced at local LSS kitchens and are individually sealed and portioned with a balance of proteins, carbohydrates and spices to taste great.

Mon., Sep. 6

No Movie

Building closed in recognition of Labor Day.

Mon., Oct. 4

Sons of the Desert

Stan Laurel and Oliver Hardy sneak off to a convention—without telling their wives. (1932; Runtime 69 minutes)

Mon., Nov. 1

Sabrina

A chauffeur’s daughter falls in love with the estate playboy, who views her as a kid... until she returns from two years in Paris a sophisticated woman. (1954; Runtime 112 minutes)

Mon., Dec. 6

Holiday Inn

A country roadhouse in Connecticut is turned into a nightclub 15 times a year in this stylish and snappy Bing Crosby-Fred Astaire musical that introduced “White Christmas,” which won an Oscar for Best Song (1942; Runtime 101 minutes)

New Release Movie Mondays

Enjoy current films at the library!

3rd Monday of the month at 1 p.m.,

Library Meeting Room, FREE.

Mon., Sep. 20

News of the World

Civil War veteran embarks on a mission: he goes from town to town to share news about presidents, queens, catastrophes, feats, and other interesting affairs from all around the world. In one of his stops, he meets Johanna, a 10-year-old girl who has been living with the Kiowa people for the last six years. (2020; Runtime 136 minutes)

Mon., Nov. 15

Welcome to Marwen

After surviving a brutal attack from a group of thugs, Mark works through his trauma in the most imaginative way possible. By building a miniature world where he’s a war hero, he finds allies and rebuilds his confidence to trust other people and to bring his assailants to justice. (2019; Runtime 120 min)

Mon., Dec. 20

Little Women

Four sisters learn about love, life and loss as they grow through their young womanhood against the backdrop of post-Civil War America. (2019; Runtime 135 minutes)

Classic Movie Mondays

Take a walk down memory lane at the library!

1st Monday of the month at 1 p.m.,

Library Meeting Room, FREE.

A collaboration of the Saint Peter Public Library and Senior Center

All films are closed captioning for hearing impaired and ESL

Mon., Sep. 6

No Movie

Building closed in recognition of Labor Day.

Mon., Oct. 4

Sons of the Desert

Stan Laurel and Oliver Hardy sneak off to a convention—without telling their wives. (1932; Runtime 69 minutes)

Mon., Nov. 1

Sabrina

A chauffeur’s daughter falls in love with the estate playboy, who views her as a kid... until she returns from two years in Paris a sophisticated woman. (1954; Runtime 112 minutes)

Mon., Dec. 6

Holiday Inn

A country roadhouse in Connecticut is turned into a nightclub 15 times a year in this stylish and snappy Bing Crosby-Fred Astaire musical that introduced “White Christmas,” which won an Oscar for Best Song (1942; Runtime 101 minutes)

Weekly Activities @ the Senior Center

Tue. 500, 1 p.m.

Tue. Bridge 1:30 p.m. (no cards 10/5)

Thu. Men’s Cards, 1 p.m., SPCC Rm. 215 (no cards 11/11, 11/25)

Fri. Pfeffer, 1:30 p.m. (no cards 9/3, 11/26, 12/24, 12/31)

Walking Track

The Walking Track is open whenever the building is open, with the exception of Tuesday mornings from 7 a.m.--10 a.m. (closed for cleaning).

HEALTH & WELLNESS

Nickel Coffee at Diamond Dust Bakery

Perk up your Thursday mornings with nickel coffee! Diamond Dust Bakery is offering nickel coffee every Thursday, every month, from 9–10 a.m. to patrons 55 or older. This is made possible through a partnership with the Mankato Clinic Foundation and are part of the Senior Center programs.

Memory Minder Kits at the Saint Peter Public Library

Memory Minder Kits are specially created for caregivers of people experiencing memory loss. The materials are selected to trigger memories, generate conversation and provide positive interactions between people with Alzheimer’s and Dementia and their care partners, family members or friends. Memory Minder Kits are available at the library and can be checked out for three weeks. The kits were created through funding by the Mankato Clinic Foundation and are part of the Senior Center programs.

Memory Minder Kits at the Saint Peter Public Library

Memory Minder Kits are specially created for caregivers of people experiencing memory loss. The materials are selected to trigger memories, generate conversation and provide positive interactions between people with Alzheimer’s and Dementia and their care partners, family members or friends. Memory Minder Kits are available at the library and can be checked out for three weeks. The kits were created through funding by the Mankato Clinic Foundation and are part of the Senior Center programs.

Prepare for Medicare in 2022 with Blue Cross

- New to Medicare or need a refresher for upcoming changes? In Prepare for Medicare 2022, you will learn all about the basics of Medicare, supplemental plans and what Medicare does and does not cover. Information about Medicare advantage plans, prescription plans and identifying which plan works best for you will also be covered. Learn also how fitness programs may be covered! Nelson Schmidt, Jr. Blue Cross MN Consultant.

Thu., Oct. 28, 11 a.m., SPCC Rm. 217, Free.

Foot Care Clinic

- Call Linda Dusek at 507-380-7163 to make an appointment. SPCC Rm. 215, $25

Tue., Sept. 7 & Tue., Sep. 21

Thu., Oct. 5 & Tue., Oct. 19

Thu., Nov. 4 & Tue., Nov. 16

Thu., Dec. 7 & Tue., Dec. 21

Niccol County Loan Closet

- The Loan Closet provides a public service for people needing personal care equipment such as wheelchairs, walkers, bath benches, crutches, canes, commodes, and smaller pieces. Users must be a resident of or own property or land in Nicollet County. Equipment is loaned on a short-term basis not to exceed 6 months. Interested in learning more? Call 507-934-8559.

Thu., Oct. 28, 11 a.m., SPCC Rm. 217, Free.

= Community & Family Education | 934.3048 ext.1 | stpetercommunityedonline.com

= Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

= Minnesota Safety Council | Chapter of the National Safety Council

55+ Driver’s Safety

Wednesday, September 15 5–9 PM
SP Community Center Rm. 217, $28

Wednesday, November 24 1–5 PM
SP Community Center Rm. 217, $28

Wednesday, December 8 1–5 PM
SP Community Center Rm. 217, $28

Call Saint Peter Community and Family Education at 934-3048, extension 1 to register.

Junior League of Minneapolis

= Junior League of Minneapolis

Loan Closet

= Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

= Community & Family Education | 934.3048 ext.1 | stpetercommunityedonline.com

= Minnesota Safety Council | Chapter of the National Safety Council

55+ Driver’s Safety

Wednesday, September 15 5–9 PM
SP Community Center Rm. 217, $28

Wednesday, November 24 1–5 PM
SP Community Center Rm. 217, $28

Wednesday, December 8 1–5 PM
SP Community Center Rm. 217, $28

Call Saint Peter Community and Family Education at 934-3048, extension 1 to register.

= Community & Family Education | 934.3048 ext.1 | stpetercommunityedonline.com

= Saint Peter Recreation & Leisure Services | 934-0667 | saintpetermn.gov

PREVIOUS PAGE

TABLE OF CONTENTS

NEXT PAGE
Creation Station at the Library
Brought to you by the Library and Friends! Watch for details to come!
Thu., Oct. 21, 1:30-3:30 p.m., SPPL

Fall Family Movie in the Park
All ages. Event details subject to cancellation or change. If the weather is chilly, this event may change to a drive-in style movie in the library parking lot. Movie TBD.
Fri., Oct. 22, 7 p.m., Gorman Park/Library Parking Lot

November Early Release Day
Early Release Crafter-Frother! Fall/ winter crafts are back in the library for this early release day. Fri., Nov. 19, 1:30-3:00 p.m., SPPL

Check out a Pumpkin
Pick up your Pumpkin for Family Decorating! Come to a pumpkin decorating event to decorate it any way you like - and bring it back for display and judging at the Library! A limited supply of pumpkins will be available.
Mon.-Fri., Oct. 11-15, SPPL

FREE TOO!
Active Aging Week is made possible by a grant from the Mankato Clinic Foundation. All activities are subject to cancellation and some activities may be added.

Mon., Oct. 4  Mindfulness Meditation Workshop with Marc Anderson 2 p.m., SPCC Rm. 219, Free. No registration required.

Tue., Oct. 5  Pfeffer Tournament at the American Legion 6:30 p.m., American Legion Post 27, Free. No registration required.

Wed., Oct. 6  Pickleball Clinic All are welcome and all equipment will be provided! 11 a.m., Veterans Memorial Park Courts, Free. No registration required.

Anishinaabe Bead Art 2 p.m., SPCC Rm. 219, Free, Space Limited. Register with the Recreation office online or call, 934-0667

Thu., Oct. 7  TBA

Fri., Oct. 8  Live Music, Dancing and Happy Hour at Ecumen Prairie Hill 2 p.m., Ecumen Prairie Hill, 1305 Marshall St., Saint Peter, Free.

See page 13 for additional details.