

REGISTRATION INFORMATION



Recreation & Leisure Services
St. Peter Community Center
 600 South Fifth Street
 Suite 200
 St. Peter, MN 56082

Contact information

Phone 507-934-0667
 Fax 507-934-1204
 E-mail heidis@saintpetermn.gov
 Web www.saintpetermn.gov/recreation
 Hotline 934-0070 for cancellations, updates, and schedules
 Facebook City of Saint Peter

Registration

Online www.saintpetermn.gov/recreation
 In person Monday-Friday, 8 a.m.-5 p.m.
 Mail Recreation and Leisure Services
 600 South Fifth Street, Suite 200,
 St. Peter, MN 56082

St. Peter Recreation & Leisure Services Staff

Jane Timmerman, Department Director
 Lance Dlouhy, Program Supervisor
 Heidi Selzler-Bahr, Secretary
 Jen Harlow, Secretary
 Doug Wolfe, Lead Librarian
 Sylvia Perron, Senior Center Coordinator
 Martha Devine Morrow,
 TTF Youth Center Coordinator

Registration Information

1. Paid registrations are due at least one week prior to the start of the class.
2. Refunds: Full refunds will be given when Community Education or the Recreation Department has to cancel an activity. Refunds, less a \$3 fee, will be given if a person withdraws from a program prior to the start of the program or by the registration deadline. Refunds will not be granted if a program cancellation is made after the program has begun. (Exception: injury or illness.)
3. U-Care is accepted for **Community & Family Education classes (only)** class payment up to \$15 with identification for most classes. Please contact 934-3048 for more information.
4. Adults with disabilities are invited to take part in the classes and activities of this brochure. With a ten-day notice, we will make every effort to provide everything necessary for an enjoyable experience. To find out more, please contact **Community & Family Education (934-3048)** or **Recreation and Leisure Services (934-0667)**.

Please note: Any opinions or viewpoints that are discussed during a class, event, or activity are directly from the instructor or event organizer and may not represent the philosophy or viewpoints of Saint Peter Community and Family Education or St. Peter Recreation and Leisure Services.

Saint Peter Community & Family Education
St. Peter Community Center
 600 South Fifth Street, Suite 207
 St. Peter, MN 56082

Contact information:

Phone 507-934-3048 ext. 0
 Web www.stpetercommunityedonline.com
 Weather Line 934-3048, ext. 411

How to register:

In person Saint Peter Community Center
 600 S. Fifth St., Suite 207
 Online www.stpetercommunityedonline.com
 Phone (507) 934-3048

OFFICE HOURS:

Mon.-Thu., 8 a.m.-4 p.m.
 Fri., 8 a.m.-Noon
 Our office will be closed on:
 Jan. 21, Feb. 18, Mar. 29 and Apr. 1

Saint Peter Community & Family Education Staff

Tami Skinner, Director
 Ytve Prafke, ECFE/SR Coordinator
 Rhea Block, Secretary
 Lori Oachs, Programs Assistant
 Sarah Jamieson, SAC Coordinator
 Maggie Schroeder, Aquatics Coordinator



Look for this symbol
 Watch for the Recreation and Leisure symbol in the activity description and the blue type—letting you know that you need to register for this activity through the Recreation & Leisure Services Office, Suite 200.



Look for this symbol
 Watch for the Community Education symbol in the activity description and the black type—letting you know that you need to register for this activity through the Community & Family Education Office, Suite 207.

Room abbreviation Code:

SPCC = St. Peter Community Center
 SPHS = Saint Peter High School

Community Associations/Organizations for Winter/Spring

St. Peter Basketball Association Chelsea Alger, www.clalger75@gmail.com	Boy Scouts Rene Maes, www.twinvalleybsa.org
Bulldog Youth Hockey Todd Wilmes, www.bulldoghockey.pucksystems2.com	Girl Scouts Heather Ballman, www.girlscoutsspcc.com
St. Peter Soccer Association Rusty Weiss, www.saintpetersoccer.org	4-H Kathy Herberg, www.fourh.umn.edu
St. Peter Volleyball Association Aimee Johnson, cabogirl@gmail.com	Big Partner/Little Partner Dave Newell, www.gustavus.edu/communityservice/bplp
St. Peter Wrestling Association Kelli Miller, w4k2countrycrew@dishmail.net	

ADULT GENERAL INTEREST

Breakfast at the River for Seniors

Tue., 8:30-9:30 a.m., Whiskey River
 Mar. 26, Todd Prafke, City Administrator "State of the City"
 Apr. 23, Serra Muscatello "Treasured Heritage Keepsakes"
 May 21, Marilyn Kluntz from Mary's Flowers will provide tips on flower arranging
 Whiskey River, \$8 includes breakfast and tip, pay at the restaurant. Enjoy a delicious breakfast, special entertainment and the company of friends at this monthly gathering. Register by calling St. Peter Community and Family Education (934-3048) or the Senior Center (934-7434).

Area Adult Learning Cooperative

Becki Hawkins, Coordinator
 Sep. 10-Jan. 28
 SPCC Rm. 210

ABE / GED / Diploma

Mon. 9-11:30 a.m. & 5-8 p.m.
 Tue. 5-8 p.m.
 Wed. 9-11:30 a.m.
 Thu. 4-8 p.m.
 Sat. 10 a.m.-1 p.m.
English Language Classes
 Tue. 9-11:30 a.m.
 Wed. 5-8 p.m.
 Thu. 9-11:30 a.m. & 5-8 p.m.
 Fri. 9-11:30 a.m.
 Sat. 10 a.m.-1 p.m.

Call 934-6210 or (507) 665-4626 for more information. Español? Maria Alvarez 507-304-5582.

Top 12 IRA Planning Mistakes GI-W01

Mark Bollum, Casey Wussow & special presenter Rory Cowling
 Wed., Jan. 23, 6:30-8 p.m.
 SPCC Rm. 217, \$5
 Learn about the top 12 IRA planning mistakes that people make and how you can avoid them. (Min. 5, max. 15. Register by: Jan. 14)

How to Run Successful Meetings GI-W02

Phyllis Fleischauer, IN-EX Communications
 Tue., Feb. 12, 7-9 p.m.
 SPCC Rm. 300, \$24
 Successful meetings are efficient, productive, and fun. (Yes, fun!) With over 25 years of management experience, Ms. Fleischauer will cover techniques that will enable you to 1) effectively lead a meeting, 2) assure solid outcomes, and 3) set the scene for even more productive meetings. Bring paper and a pencil. (Min. 3, max. 15. Register by: Feb. 4)

Referral Marketing GI-W03

Jonathan Dorow
 Tue., Feb. 5-19 (3 weeks), 6:30-8 p.m.
 SPCC Rm. 215, \$59
 Learn techniques to increase the quantity and more importantly, the quality of the referrals that you get which will assist you with building trust and respect for your business. Please bring an open mind, pen and pencil. (Min. 5, max. 20. Register by: Jan. 28)



COMPUTER CLASSES

Beginning Computer Skills GI-W04

Thu., Jan. 24, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
For Beginners: Learn how to use a mouse; the different parts of your computer and what they do; what bits, bytes, megabytes and gigabytes really mean; and how to cut, copy, and paste! (Min. 4, max. 10. Register by: Jan. 22)

Facebook I GI-W05

Tue., Feb. 5, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
For Beginners: Learn how to use Facebook is, how it works and what it is designed to do. Learn the difference between your timeline, your wall, newsfeeds and events. Create your profile and use it to connect with friends all over the world. Learn to set your privacy settings correctly, and control what appears in your notifications and newsfeed. (Min. 4, max. 10. Register by: Jan. 31)

Facebook II GI-W06

Tue., Feb. 12, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
Intermediate Level: Learn how to create groups, and your own business page, add events and applications to your individual profile or business page and build your public presence on Facebook. (Min. 4, max. 10. Register by: Feb. 7)

MS Excel I GI-W07

Mon., Mar. 4, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Students will use the MS Excel Window to enter text, dates and numbers, open, close, save and format a workbook. Students will also copy and move information as well as insert and delete rows and columns. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Feb. 28)

MS Excel II GI-W08

Mon., Mar. 11, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Learn to use Formulas & Functions such as AutoSum, AutoFill, Subtotal and Grand Total, Average, and Maximum and Minimum. We will also explore how to copy data from one worksheet to another and then link those worksheets together. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 7)

MS Excel III GI-W09

Mon., Mar. 18, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Explore using Excel auto format and conditional formatting along with Excel charts and graphs, sorting and grouping and the database functions available in Excel. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 14)

MS Excel IV GI-W10

Mon., Apr. 1, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
Intermediate Level: Learn to use more advanced concepts, including locked cells, pivot tables and several Excel formulas. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 28)

MS Word I GI-W11

Wed., Mar. 6, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Learn to use Word to create a new document, to open, close and save a document, format text, and cut, copy and paste text. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 4)

MS Word II GI-W12

Wed., Mar. 13, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Learn more formatting techniques—bulleted and numbered lists, tabs and indents. Reset margins and line spacing, add page, section or column breaks and learn how to use spell check, find and replace. Learn to navigate quickly in large documents. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 11)

MS Word III GI-W13

Wed., Mar. 20, 6:30-8:30 p.m.
 Lincoln Community Center, Room 356, 110 Fulton Street, Mankato, \$38
For Beginners: Students learn to insert pictures, use WordArt, tables and graphs. Create simple graphs, charts and text boxes. Learn how to control text placement and more. Bring flash drive for practice files, if desired. (Min. 4, max. 10. Register by: Mar. 18)

Quick Start With QuickBooks I - Money In GI-W14

Tue., Feb. 26, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
Intermediate Level: Get started using QuickBooks with your business. Topics include account set up within QuickBooks, setting company & user preferences, creating and using invoices and sales receipts. (Min. 4, max. 10. Register by: Feb. 21)

Quick Start with QuickBooks II - Money Out GI-W15

Tue., Mar. 5, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
Intermediate Level: Learn how to pay bills, write checks, issue credits, Email or print statements and reconcile bank statements. (Min. 4, max. 10. Register by: Feb. 28)

Quick Start with QuickBooks III - Payroll & Taxes GI-W16

Tue., Mar. 12, 6:30-8:30 p.m.
 Q Computers, 2140 Hoffman Road, Mankato, \$38
Intermediate Level: In this class, you will learn more advanced concepts of using QuickBooks with your business including creating your own reports, using QuickBooks items to track project progress, using QuickBooks Payroll and preparing for income tax filing. (Min. 4, max. 10. Register by: Mar. 7)

iPad 101

Lori Oachs
 Sess. 1: Mon., Feb. 25, 7-8:30 p.m., (Register by: Feb. 19) GI-W33
 Sess. 2: Tue., Apr. 23, 7-8:30 p.m., (Register by: Apr. 15) GI-W34
 SPHS Media Center, \$10
 Have you been curious to learn more about what iPads can do? Community members are invited to come learn more about these devices that are being used in the schools. iPads will be provided for you to use during the class. (Min. 5, max. 20)

PARENTING

ADHD Parent Support and Education Group
 Kathy Woyda, School Social Worker
 2nd Monday of each month.
 Jan. 14, Feb. 11, Mar. 11, Apr. 8, 6-7:30 p.m.
 North Intermediate School Media Center.
FREE! cCall 934-3048 to register. Free childcare is provided, please request at time of registration.

This no cost support and education group provides parents with educational information and support to help them deal with ADHD children. Parents receive printed material regarding specific discussion topics, basic information, articles and resources. Thirty minutes of each group session is devoted to support time, followed by a guest speaker.



ST. PETER FOOD CO-OP COOKING CLASSES

Note: The first 15 registrants for each class will be eligible for a chance to win a \$10 Food Co-op gift card. Must be present at the class to win.

Healthy Cooking & Eating FC-W01

Cheryl Bohnen
 Thurs., Jan. 10, 6-7:30 p.m.
 St. Peter Food Co-op, FREE! Call 934-3048 to register.
 We will be learning all about healthy foods. Why we should eat fresh and buy local foods. Receive great recipes and enjoy samples! (Min. 8, max. 25. Register by: Jan. 7)



Kick' Comfort Food FC-W02

Erica Idso and Jim Vonderharr, Co-op Cheese Guy
 Thu., Jan. 17, 6-7:30 p.m.
 St. Peter Food Co-op, FREE! Call 934-3048 to register.
 Oh the weather outside is frightful, filling one's belly with warm goodies is so delightful! Come learn how to make a heart and soul warming Tomato Bisque and a Five Cheese Grilled Cheese on locally made bread. This class will showcase the delightful cheese selection that the Co-op has to offer. This cost effective meal will put a smile on everyone's face and keep the brrr away! (Min. 8, max. 25. Register by: Jan. 14)

Candy Making: Hard Candies FC-W03

Anna Lackaff
 Thu., Jan. 24, 6-7:30 p.m.
 St. Peter Food Co-op, FREE! Call 934-3048 to register.
 Learn the basics of making toffees and brittles. We will also discuss how one ingredient, sugar, is manipulated to create endless candy varieties. Samples will be provided! (Min. 8, max. 25. Register by: Jan. 21)

Thai Cooking FC-W04

Stefanie Hailperin
 Thu., Jan. 31, 6-7:30 p.m.
 St. Peter Food Co-op, FREE! Call 934-3048 to register.
 Come for more Thai cooking! Stefanie will prepare Som Tum, a Thai salad, and other dishes not covered in the November class. Cookbooks will be available to peruse as well! (Min. 8, max. 25. Register by: Jan. 28)

Sweet Treat Trio FC-W06

Erica Idso
 Thu., Feb. 21, 6-7:30 p.m.
 St. Peter Food Co-op, FREE! Call 934-3048 to register.
 Bring your sweetie or someone who is sweet to you along to learn how to make a trio of delicious desserts! Discover how to make a variety of desserts to satisfy every sweet tooth in your life, whether they are gluten-free, vegan, or strapped for time. Learn how to make Mango Crème Brulee, Vegan Flourless Chocolate Cake, and a quick and easy Strawberry Tart with Orange Glaze. All you need is love! (Min. 8, max. 25. Register by: Feb. 19)

ADULT GENERAL INTEREST

FILMS ON FIRST THURSDAYS

The Nicollet County Historical Society teams with Community and Family Education for our fourth-annual documentary film series. These award-winning films will be shown at 7 p.m. the first Thursday of every month at the Treaty Site History Center, across from the Mankato Clinic, one mile north of downtown St. Peter.

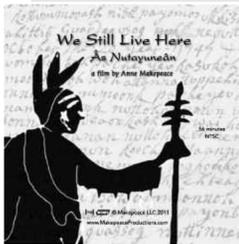
The Loving Story



Thu., Feb. 7, 7 p.m. Treaty Site History Center, Free, no registration required. 60 min. Not Rated. A racially charged criminal trial and a heart-rending love story converge in this documentary about Richard and Mildred Loving, set during the turbulent Civil Rights era. The Lovings, an interracial couple, fell in love and married at a

critical time in American history, and, because of a confluence of social and political turmoil, our reluctant heroes bring about change where previously no one else could.

We Still Live Here



Thu., Mar. 7, 7 p.m. Treaty Site History Center, Free, no registration required. 56 min. PG-13. Four centuries ago, Wampanoag people helped the first English settlers in America—the Pilgrims—to survive. Although Americans celebrate 'the Indians' every year at

Thanksgiving, few know that their descendants are still on their homelands in Southeastern Massachusetts. Spurred on by an indomitable linguist named Jessie Little Doe, the Wampanoag are bringing their language and their culture back.

Sweetgrass



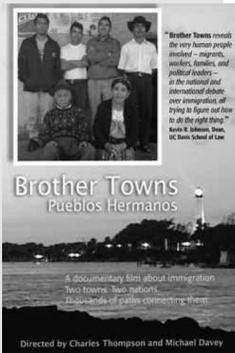
Thu., Apr. 4, 7 p.m. Treaty Site History Center, Free, no registration required. 100 min. Not Rated. Follow the last modern-day cowboys as they lead their flocks of sheep up into Montana's breathtaking and often dangerous Absaroka-Beartooth Mountains for summer pasture. This astonishingly

beautiful film reveals a world in which nature and culture, animals and humans, vulnerability and violence are all intimately meshed.

Brother Towns

Thu., May 2, 7 p.m. Treaty Site History Center, Free, no registration required.

58 min. Not Rated. This is the story of two towns linked by immigration, family, and work: Jacaltenango, a highland Maya town in Guatemala and Jupiter, a coastal resort in Florida. This film chronicles some of the reasons why people migrate and how those people maintain close family relationships despite their distance.



Garbo the Spy

Thu., Jun. 6, 7 p.m. Treaty Site History Center, Free, no registration required.

88 min. Not Rated. The best documentary on World War II espionage to be released in cinemas in more than a decade. Centering on the activities of arguably the single most important spy of WWII, Juan Pujol Garcia. "He tricked Hitler so thoroughly that the Germans thanked him after the war—with no idea he'd helped defeat them," commented historian and author, Andrew Roberts. However, this compelling film does not end with the Allies' victory in 1945, but rather morphs into a new story of faked death, stolen riches, and bigamy.



Candy Making: Chewy Candies FC-W07

Anna Lackaff
Thu., Feb. 28, 6-7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register. Learn to make chewy candies by controlling the temperature (caramels) and aeration (taffy) of a sugar syrup. Samples provided! (Min. 8, max. 25. Register by: Feb. 25) CE

Candy Making: Soft Candies FC-W09

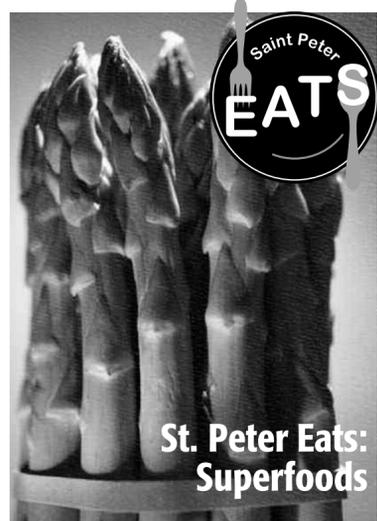
Anna Lackaff
Thu., Mar. 14, 6-7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register. Learn the fundamentals of creating smooth fudges and fondants and soft pralines with basic ingredients. Samples will be provided! (Min. 8, max. 25. Register by: Mar. 11) CE

Pizza – 50 Ways! FC-W10

Erica Idso
Thu., Mar. 21, 6-7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register. It's pizza pie! Come learn how to make pizza dough from scratch! Participants will create a mini pizza for sampling and will be provided a handout that includes 50 great ways to make their own pizzas at home. Gluten free options available! (Min. 8, max. 25. Register by: Mar. 18) CE

Don't be Foiled by "What's for Dinner?" Again! FC-W12

Erica Idso
Thurs., Apr. 18, 6-7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register. Discover an easy-to-make, easy-to-clean-up and easy-on-the-taste buds meal! During this class, participants will make Salmon Baked in a Foil Parcel with Green Beans and Pesto. Not only will you learn to make a quick, scrumptious meal, but also how to make pesto from scratch! (Min. 8, max. 25. Register by: Apr. 15) CE



St. Peter Eats: Superfoods

Superfoods are a group of foods found in nature that are low in calorie and high in nutrition. They provide an excellent supply of anti-oxidants and essential nutrients that each of us needs. Best of all, these foods are easy to find and taste delicious! We invite you to join members of the community with this nutrition plan of incorporating a superfood in your diet each month. Visit www.stpetercommunityonline.com, local grocery stores and the St. Peter Herald for monthly recipes and tips to incorporate each of the foods. Below is a list of the superfood for each month:

- Cinnamon – January
- Carrots – February
- Barley – March
- Whole Grain Breads – April
- Asparagus – May

Action for a Healthy Community, a group of local citizens with the mission "to create a healthier community", supports this program.

ARTS & CRAFTS

Let Your Property Be a Reflection of You! Home Makeovers from the Outside GI-W18

Jonathan Dorow, Landscape Designer & Makeover Specialist
Thu., Apr. 4-25 (4 weeks), 6:30-8 p.m.
SPCC Rm. 300, \$72
Explore different options and techniques to transform the outside of a home to match the personality of the homeowners and to reflect the charm and character of the inside. (Min. 3, max. 20. Register by: Mar. 25) CE



Introduction to Digital Photography GI-W19

Art Sidner
Tue., Feb. 5-26 (4 sessions), 6-8 p.m.
SPCC Rm. 217 \$40 (includes Digital Photography Primer CD-ROM)
This course teaches users of advanced digital cameras (that can adjust aperture, shutter speed, and white balance, etc.) the fundamentals of digital photography such as light and lighting, visual perception, positioning the subject and the camera, adjusting camera features, and composition. Each participant should bring a digital camera and owner's manual to each session. (Min. 2, max. 12. Register by: Jan. 28) CE

Intro to Digital Image Processing with Adobe Photoshop Elements 11 GI-W20

Art Sidner
Tue., Mar. 5-26, 6-8 p.m.
SPCC Rm. 217 \$40 (includes Digital Image Processing Primer CD-ROM)
Digital photographers will learn how to use Photoshop Elements 11 software to improve digital images such as color accuracy, lighting, color saturation, sharpness, cropping, fixing defects, etc. In addition, learn to organize images, merge adjacent images of a scene into a panorama, making slide shows, blending several exposures of the same image. Participants should bring a laptop computer with Adobe Photoshop Elements 11 installed. Note: A free 30-day trial of the software is available at www.adobe.com. (Min. 2, max. 12. Register by: Feb. 25) CE

Pearl Stringing and Knotting GI-W21

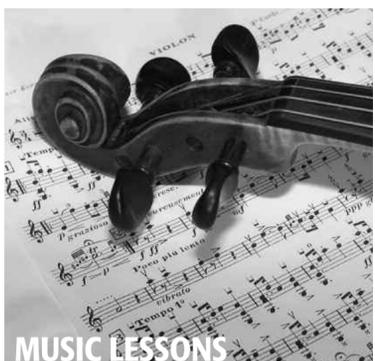
Patty Conlin (Goldsmith & Jewelry Designer)
Tue., Apr. 9, 6-9 p.m.
Stones Throw Gallery (420 N. Minn. Ave.), \$33 + \$25 instructor supply fee.
Learn to string and knot freshwater pearls to create a 16" or 18" necklace with a sterling silver clasp. This is a really useful skill for jewelers, crafters and bead makers. What a great opportunity to create a beautiful and valuable gift for someone special! Supply fee includes all jewelry findings and freshwater pearls. Tools will be provided, or you have the option to purchase jewelers tweezers if you desire. (Min. 5 max. 8, Register by: Mar. 25) CE

Cherished Memories Wall Hanging

Shirley Hinze
Sess. 1: Thu., Jan. 31 (Computer Lab) and Feb. 7 (SPCC Rm. 217), 7:30-9:30 p.m. (Register by: Jan. 21) GI-W22
Sess. 2: Mon., Mar. 18 (Computer Lab) and Mar. 25 (SPCC Rm. 217), 7:30-9:30 p.m. (Register by: Mar. 11) GI-W23
\$16 + \$7 instructor supply fee
Basic computer and sewing skills needed. Create a unique wall hanging complete with a few photos of your cherished memories. Bring 1-2 photos as a digital copy on a memory stick or a printed-paper copy. The first night, we'll design our wall hanging via the computer. The second night, we'll complete the project with sewing machines. BRING: sewing machine, extension cord, 1/2 yd. of complimentary fabric, thread, pins, scissors and sewing needle. Questions? shirley.hinze@yahoo.com (Min. 5, max 10) CE

May Day Basket GI-W24

Mary Smith
Tue., Apr. 30, 6-7 p.m.
Mary's Flowers (1123 S. Minn. Ave., St. Peter), \$15
Come join us for an hour of fun creating your own fresh, floral May Day baskets to surprise your friends, neighbors or teacher! Bring your kids! This is fun and easy! Includes all flowers, supplies and instruction. (Min. 6, max. 20. Register by: Apr. 22) CE



MUSIC LESSONS

Piano, Violin, Cello, Viola or Mandolin Private Lessons (Adults)
Lehi Hoehn, B.A.
Sess. 1: Wed., Jan. 16-Feb. 27 (7 sessions), (Register by: Jan. 14) \$126 GI-W25
Sess. 2: Wed., Mar. 6-Apr. 17, (7 sessions), (Register by: Mar. 4) \$126 GI-W26
Sess. 3: Wed., Apr. 24-May 29, (6 sessions), (Register by: Apr. 22) \$108 GI-W27
Thirty min. lessons, call 934-3048 to schedule Lesson times available between 2-6 p.m., SPCC Rm. 104
This course is intended to either introduce adults to an instrument or help musicians improve their skills. Students should bring their instrument; a piano will be provided. Lehi has 9 years of private teaching experience and holds a B.A. in music. CE

Piano or Voice Lessons

Melissa Pate
Sess. 1: Tue., Jan. 22-Mar. 5 (7 sessions), (Register by: Jan. 14), \$126 GI-W28
Sess. 2: Tue., Mar. 12-Apr. 30, (8 sessions), (Register by: Mar. 4), \$144 GI-W29
Thirty min. lessons, call 934-3048 to schedule. Lesson times available between 1:30-6:30 p.m., SPCC Rm. 104. This course is intended for beginning students as well as those with experience. Melissa has more than 10 years of private teaching experience and specializes in instrumental and vocal performance instruction. A keyboard will be provided at the lessons. CE

Private Guitar Instruction

Dave Rupe
Sess. 1: Thu., Jan. 17-Feb. 14, (Register by: Jan. 14) GI-W30
Sess. 2: Thu., Feb. 21-Mar. 21, (Register by: Feb. 19) GI-W31
Sess. 3: Thu., Mar. 28-Apr. 25, (Register by: Mar. 25) GI-W32
Five, 30 min. lessons, call 934-3048 to schedule. Lesson times available between 3-7 p.m., SPCC Rm. 104, \$60
Learn the basics to playing the guitar in one-on-one sessions. Lessons are catered to the student building upon skills they may already have and giving them basic guitar knowledge to start playing. Students should bring their own guitar to the lessons. CE



315 S. Minn. Ave., St. Peter
** Current members of the Arts Center receive a 10% discount off the price of classes marked (**) from the Arts Center.

Clay Center Classes at the Arts Center of Saint Peter

NOTE: New Students: receive 1-25# bag of clay, valued at \$13 and use of a tool set. Additional clay may be purchased through the Clay Center.

Date Night in the Clay Center

Juana Arias
Sess. 1: Thu., Feb. 14, 6-8:30 p.m., (Register by: Feb. 11) ART-W01
Sess. 2: Sat., Apr. 20, 6-8:30 p.m., (Register by: Apr. 15) ART-W02

Clay Center at the Arts Center of Saint Peter \$35** (per couple) includes supplies
Beginner-Adults: ages 18 and up. Try something new! Spend the evening together learning how to throw pottery on the wheel. Enjoy a romantic and silly night getting your hands dirty, munching on hors d'oeuvres, and getting out of the house. The workshop will cover basic throwing techniques on the pottery wheel. (Min. 4, max. 8.) CE



Beginning Wheel ART-W03

Juana Arias
Tue., Jan. 29-Mar. 5 (6 weeks), 6-8:30 p.m.
Clay Center at the Arts Center of Saint Peter \$95** includes supplies
Beginner/Intermediate-Adults: ages 16 and up.
During this class, you will learn how to take a lump of clay and turn it into functional pottery! Each week you will gain a new technique and you will walk away from the class with a good base knowledge of the wheel and some great looking pots. Please bring an ice cream bucket, two garbage bags, and a towel to first class. (Min. 5, max. 8. Register by: Jan. 21) CE

Intermediate Wheel ART-W04

Clay Center Staff
Tue., Mar. 19-Apr. 23 (6 weeks), 6-8:30 p.m.
Clay Center at the Arts Center of Saint Peter \$95** + \$13 supply fee at first class
Adults: ages 16 and up. Expand your knowledge of throwing techniques as you improve your technical skills on the pottery wheel. You will learn new forms and surface treatments as well as focus on development of your artistic style. Plates, lids, and jars as well as pitchers and vases will be explored. Prerequisite: Beginning Wheel. Please bring an ice cream bucket, two garbage bags, and a towel to first class. (Min. 5, max. 8. Register by: Mar. 11) CE

AARP Driver's Safety Classes Classes meet in the St. Peter Community Center

4-hour refresher course-AARP Member \$15
8-hour first time course-AARP Member \$17

4-hour refresher course-Non-AARP Member \$17
8-hour first time course-Non-AARP Member \$19

	DATE	TIME	LOCATION	INSTRUCTOR	ID#
4 hr.	Wed., Jan. 23	1:15-5:15 p.m.	Rm. 217	McHutchinson	LS-W01
4 hr.	Wed., Feb. 6	1:15-5:15 p.m.	Rm. 217	Stouten	LS-W02
4 hr.	Wed., Feb. 20	1:15-5:15 p.m.	Rm. 217	McHutchinson	LS-W03
4 hr.	Tue., Mar. 12	1:15-5:15 p.m.	Rm. 217	Stouten	LS-W04
4 hr.	Wed., Mar. 20	1:15-5:15 p.m.	Rm. 217	McHutchinson	LS-W05
4 hr.	Tue., Apr. 2	1:15-5:15 p.m.	Rm. 217	McClean	LS-W06
4 hr.	Tue., Apr. 16	5:45-9:45 p.m.	Rm. 217	Steinhaus	LS-W07
4 hr.	Tue., May 7	1:15-5:15 p.m.	Rm. 217	Steinhaus	LS-W08
8 hr.	Tue./Wed., Jan. 29 & 30	5:45-9:45 p.m.	Rm. 217	Lacy	LS-W09
8 hr.	Tue./Wed., Mar. 26 & 27	1:15-5:15 p.m.	Rm. 217	Steinhaus	LS-W10
8 hr.	Tue./Wed., May 21 & 22	5:45-9:45 p.m.	Rm. 217	Dvorak	LS-W11

Register by contacting Community and Family Education at 934-3048, extension '0' or online at www.stpetercommunityonline.com CE



ADULT GENERAL INTEREST

Beginning Sculpture ART-W05

Juana Arias
Wed., Feb. 20–Mar. 27 (6 weeks), 6–8:30p.m.
Clay Center at the Arts Center of Saint Peter
\$95** + \$13 supply fee at first class
Adults: ages 16 and up. Make pots with varying textures, colors, and forms—pots that beg to be used. Create beautiful, functional pottery forms using pinching, coil building, and slab construction techniques, including making and using simple molds. Build on your basic skills to make expressive cups, bowls, plates, vases, pitchers, teapots, and more. Hand-builders can repeat this class to enhance their growing body of work. *Designed for those with some previous clay experience.* (Min. 5, max. 8. Register by: Feb. 11)

Teen Wheel ART-W06

Caitlin Robb
Sat., Feb. 16–Mar. 23 (6 weeks), 2–4 p.m.
Clay Center at the Arts Center of Saint Peter
\$95** includes supplies
Beginner/Intermediate: ages 14–18. During this class, you will learn how to take a lump of clay and turn it into functional pottery! Each week you will gain a new technique and you will walk away from the class with a good base knowledge of the wheel and some great looking pots. *Please bring an ice cream bucket, two garbage bags, and a towel to first class.* (Min. 6, max. 8. Register by: Feb. 11)

Hand-building Face Pots ART-W07

Eric Ouren
Mon., Feb. 4–25 (4 weeks), 6–8:30 p.m.
Clay Center at the Arts Center of Saint Peter
\$55** + \$13 supply at first class
Beginner–Adults: ages 16 and up. Learn to create a hand-built face pot. The uglier, the better! Create funky pottery without using the potter's wheel. We will cover several construction techniques to make life-like faces in pottery. *Please bring an ice cream bucket, two garbage bags, and a towel to first class.* (Min. 5, max. 8. Register by: Jan. 28)



Clay Center Open Studio Nights

Clay Center Staff
Third Thursdays–Jan. 17, Feb. 21, Mar. 21 & Apr. 18, 6–8 p.m.
Clay Center at the Arts Center of Saint Peter
Free and open to the public
All ages: Children under 12 must be accompanied by an adult. No registration required.

Adult Classes at the Arts Center of Saint Peter

Beginning Digital Photography ART-W08

Jon Smithers
Sat., Apr. 13–27, 9 a.m.–noon
Arts Center of Saint Peter, \$45
Adults: ages 16 and up. Big tips and resources for beginners and enthusiasts alike. Learn the basics to give direction to your photography. Geared towards PC users. Includes a clear path to great photography. *Need to bring a camera and camera manual.* (Min. 4, max. 6. Register by: Apr. 8)

Relief & Monotype Print Exploration ART-W09

Joel Moline
Mon., Jan. 21–Mar. 11 (8 weeks), 9:30–11:30 a.m.
Instructor's home studio (not handicap accessible)
\$90** + supplies (usually less than \$20)
Beginner to Advanced–Adults ages 16 and up.
Participants can explore linoleum cuts, wood engraving, monotypes, or a combination of techniques. The print projects will be determined by the student consulting with the instructor prior to class via phone or e-mail. Students will determine their own objectives and the class will be tailored to each student's needs and abilities. *Classes will meet in the instructor's studio and have access to proof and etching presses.* (Min. 4, max. 5. Register by: Jan. 14)



Accordion Fold Album

Introduction to Book Binding ART-W10

Joel Moline
Sat., Feb. 9 & 16, 2–4 p.m.
Arts Center of Saint Peter
\$25** + \$10 supplies
Adults: ages 16 and up. Participants will learn basic book binding techniques and construct an accordion fold photo album. The album will be able to be displayed free standing or hanging. (Min. 4, max. 6. Register by: Feb. 4)

Figure Drawing ART-W11

Sarah Weinberg
Arts Center of Saint Peter
\$65** + \$10 supplies fee to instructor at first class
Thu., Mar. 21–Apr. 25 (6 weeks), 6–8 p.m.
Adults: ages 16 and up. This course explores the human figure. Participants will get inventive while rendering the human form to compose conceptual drawings. This will be achieved by exaggerating proportions and exploring the psychology behind a specific pose or reference in order to create their own adaptations of the human figure! (Min. 5, max. 10. Register by: Mar. 18)

St. Peter SENIOR CENTER

St. Peter Senior Center Community Center, Rm. 219.

Sylvia Perron,
Senior Center Coordinator,
Office phone: 934-7434

www.saintpetermn.gov/recreation

P.A.L.S. Exercise

Partners in Active Living for Seniors

Mon., Wed., Fri., 10–11 a.m.

\$25, SPCC Multi-Purpose Rm. 310A

Sess. 1: Jan. 7–Feb. 15

Sess. 2: Feb. 20–Mar. 27

Sess. 3: Apr. 1–May 3

A health and fitness program designed to help older adults be more active, enjoy better quality of life and have fun. All fitness levels welcome. Call Sylvia at 934-7434 to register or sign up at the Recreation Office.



Senior Dances

sponsored by the Senior Center

1–4 p.m., American Legion, \$5 (no pre-registration required)

Tue., Jan. 8: Jolly Woodchopper

Tue., Feb. 12: Cletus Goblisch

Tue., Mar. 12: Don Klossner

Tue., Apr. 9: Luverne Wannous

Tue., May 14: Jolly Woodchopper



Bi-monthly Senior Center Newsletter

Get all the latest news from the Senior Center! If you would like to receive this newsletter by mail, please call 934-7434 or visit www.saintpetermn.gov/recreation/seniornewsletter

Community Senior Services

Nicollet County Senior Transportation
NCST provides rides to those in need of transportation to a medical appointment, the grocery store, pharmacy, or to conduct personal business. Call 934-0484 one to two days prior to need. Donations are accepted for this service which is supported in part by St. Peter United Way.

Senior Nutrition Program & Meals on Wheels

Park View Manor, 1010 S. 4th St., St. Peter
Anyone over 60 years of age and/or spouse is welcome. Reservations for both programs must be made one day in advance by calling 934-8850 between 10 a.m. and 12:30 p.m.



Recreation Hotline for cancellations & updates 934-0070

3

ADULT HEALTH & WELLNESS

Community CPR:

Infant, Child & Adult with AED

Mary Powers, R.N.
Sess. 1: Tue., Jan. 29, 5:30–9:30 p.m., SPHS Rm. 203
(Register by: Jan. 22) \$87 LS-W12

Sess. 2: Tue., Apr. 2, 5:30–9:30 p.m., SPHS Rm. 203
(Register by: Mar. 25) \$87 LS-W13

Learn to care for victims of all ages. Topics include rescue breathing and CPR, first aid for choking, and reducing the risk of cardiovascular disease. Note: this class is not for the professional rescuer. Certification received upon successful completion of course and is valid for two years. (Min. 4, max. 12)

First Aid

Mary Powers, R.N.
Sess. 1: Tue., Feb. 5, 5:30–9:30 p.m., SPHS Rm. 203
(Register by: Jan. 28) \$56 LS-W14

Sess. 2: Tue., Apr. 9, 5:30–9:30 p.m., SPHS Rm. 203
(Register by: Apr. 2) \$56 LS-W15

This course helps students recognize and deal with emergencies, injuries and sudden illness. Students practice several first aid techniques. Certification received upon successful completion of course and is valid for three years. (Min. 4, max. 12)

Detoxification for You

Dr. Seth Nelson
Rising Sun Chiropractic, 1520 S. Minnesota Ave., St. Peter
Sess. 1: Mon., Jan. 28, 6:30 p.m.,
(Register by: Jan. 22) \$5 WEL-W01

Sess. 2: Mon., Apr. 8, 6:30 p.m.,
(Register by: Apr. 1) \$5 WEL-W02

Our world is full of chemicals, toxins, herbicides, pesticides, fake foods each making your body a little sicker. Are you tired of the chronic pain, headaches, fatigue, foggy head, slow recovery from injury and poor sleep? Understanding how detoxification works and how eating specific foods will help to make all those problems history. (Min. 4, max. 20)

Easy Stress Relief

Dr. Seth Nelson
Rising Sun Chiropractic, 1520 S. Minnesota Ave., St. Peter
Sess. 1: Mon., Feb. 11, 6:30 p.m.,
(Register by: Feb. 4) \$5 WEL-W03

Sess. 2: Mon., Apr. 22, 6:30 p.m.,
(Register by: Apr. 15) \$5 WEL-W04

Reports show that 90% of doctor visits are related directly to stress. Stress is a growing burden in all our lives. This popular class will provide straightforward action steps to start reducing your stress that same night. (Min. 4, max. 20)

A Chiropractic Guide to YOU WEL-W05

Dr. Seth Nelson
Rising Sun Chiropractic, 1520 S. Minnesota Ave., St. Peter
Mon., Feb. 25, 6:30 p.m., \$5

What is the difference between sick care and wellness care? What does prevention really mean? Does your family have a wellness plan? Learn why chiropractic is so much more than pain relief. Discover how you can shift your health from waiting until there is a problem to avoiding the problems all together. (Min. 4, max. 20. Register by: Feb. 19)

Managing Pain in Pets WEL-W06

Dr. Seth Nelson
Rising Sun Chiropractic, 1520 S. Minnesota Ave., St. Peter
Mon., Mar. 11, 6:30 p.m., \$5

Many of us have aging pets that are in pain and learning how to keep them comfortable and healthy can be a challenge. How do you know if your pet is in pain if they are not telling you? This class will cover how to recognize when your pets are in pain, how to manage chronic pain in older animals and what therapies are available to your pets for managing pain. (Min. 4, max. 20. Register by: Mar. 4)

Improving Your Performance WEL-W07

Dr. Seth Nelson
Rising Sun Chiropractic, 1520 S. Minnesota Ave., St. Peter
Mon., Mar. 25, 6:30 p.m., \$5

It does not matter if you are a college athlete, Olympian, or just wanting to walk a 3k fundraiser, we all want to perform at our best. Join us to learn how to maximize recovery, feed your body to decrease downtime, avoid injury and thrive whether you are getting ready for the gold or the walk around the block. (Min. 4, max. 20. Register by: Mar. 18)

I CAN Prevent Diabetes!

Individuals and Communities Acting Now to Prevent Diabetes
Jen Donkin, RD, CED
David Randal, Psy.D., LP, CED
Tue., Jan. 29–May 14, 6–7 p.m.

\$60 (with incentives offered for regular participation)
Helen White center (River's Edge Campus)
1900 N. Sunrise Drive

Learn how to create a healthier lifestyle and prevent diabetes in this 16-week diabetes prevention program. The group will meet with trained lifestyle coaches once a week to help participants lose weight, eat healthier and increase physical activity. For more information or to register contact Jen Donkin at (507) 934-7694.

Heart Health FC-W05

Cheryl Bohnen
Thu., Feb. 7, 6–7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register.

We will be talking about how we can keep our heart healthy! February is heart month. Heart attacks can happen without any notice...or can they? We will also have the opportunity to have heart scans here in class! (Min. 8, max. 25. Register by: Feb. 4)

Supplements We All Need FC-W06

Cheryl Bohnen
Thu., Mar. 7, 6–7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register.

No matter how hard we try to eat healthy, we cannot always get ALL the nutrition we need because of many things around us. We will talk about how to make sure to get the supplements needed to be our best! (Min. 8, max. 25. Register by: Mar. 4)

Holistic Alternatives

for Menopause Relief FC-W11

Karen Daniel
Thu., Apr. 4, 6–7:30 p.m.
St. Peter Food Co-op, FREE! Call 934-3048 to register.

Learn alternatives to medication for your menopausal symptoms that can help you achieve better sleep, energy, beautiful skin, and reduce or eliminate hot flashes. (Min. 8, max. 25. Register by: Apr. 1)

Fourth Annual Women's Health Expo

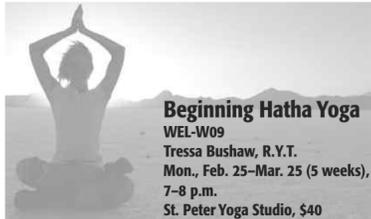
Tue., May 7, 5:30–7:30 p.m.
River's Edge Hospital & Clinic, 1900 N Sunrise Drive, St. Peter. FREE!

This event provides seminars and information about women's health and related issues such as nutrition, exercise, stroke prevention and diabetes prevention. Door prizes, free health screenings, and fun giveaway items. No registration required. For more information, call 934-8419.

The Power of You! WEL-W08

Jonathan Dorow
Thu., Feb. 28–Mar. 21 (4 weeks), 7–8 p.m.
SPCC Rm. 300, \$65 + \$24 instructor supply fee.

Learn how to be the change in your life! Whether it is at work or home, we have the power within us to make our life better. Class supplies include a 1-yr. subscription to *Success Magazine*. (Min. 5, max. 30. Register by: Feb. 19)



Beginning Hatha Yoga
WEL-W09
Tressa Bushaw, R.Y.T.
Mon., Feb. 25–Mar. 25 (5 weeks), 7–8 p.m.
St. Peter Yoga Studio, \$40

For all fitness levels. Strengthen your body and calm your mind with yoga! The main focal points of this 60 minute class are strength, flexibility, balance and breath work. Ideal for those who are new to yoga, need a refresher, or are looking for a slow paced, gentle class. Yoga mats provided, dress comfortably. (Min. 8, no max. Register by: Feb. 19)

East Coast Swing Dance Lessons WEL-W10

David A. Johnson
Fri., Feb. 22 and Mon., Feb. 25–Mar. 18 (5 wks.), 7–8:15 p.m.
South Early Learning Center Cafeteria

\$80 per couple. Singles call for partner availability. Enjoy playful date nights and great exercise, while learning dance fundamentals, impressive moves, sequences and dips. East Coast Swing is fun, easy to learn, and versatile for a wide array of music. In class guidance, repetition and practice will help commit lessons into your motor memory. *Optional East Coast Swing Instructional DVD of this dance lesson is available for \$20. Attendance flexibility: If you miss a night, you can make the class up on Tuesday nights via Mankato Com. Ed.* (Min. 10, max. 20. Register by: Feb. 19)

Breakfast at the River

Tue., 8:30–9:30 a.m., Whiskey River
\$8 includes breakfast & tip, pay at the restaurant.

Jan. & Feb.: No breakfast

Mar. 26: Todd Prafke, City Administrator, "State of the City".

Apr. 23: Serra Muscatello "Treasured Heritage Keepsakes"

May 21: Marilyn Kluntz from Mary's Flowers will provide tips on flower arranging.

Enjoy a delicious breakfast, special entertainment and the company of friends at this monthly gathering. Register by calling St. Peter Community and Family Education (934-3048) or the Senior Center (934-7434).

Buffet Lunch at Gustavus

Wed., Jan. 9, Feb. 13, Mar. 13, Apr. 10, May 8
11 a.m.–12:30 p.m., \$6, Gustavus Three Crowns Room.

No registration required. Questions? Contact Sylvia at 934-7434.

Foot Care Clinics

Jan. 3 & 15, Feb. 5 & 19, Mar. 5 & 19, Apr. 2 & 16, May 7 & 21

\$22, SPCC Rm. 215
Call 934-0667 for an appointment.

Medicare & Health Insurance Counseling

First Thursday of each month: Jan. 3, Feb. 7, Mar. 7, Apr. 4, May 2. Senior Center

No appointment needed. One-on-one assistance with Medicare & insurance questions.

N.A.P.S.

The Nutrition Assistance Program for Seniors is available to low-income seniors 60 years and over. Food is distributed Jan. 3, Feb. 7, Mar. 7, Apr. 4 and May 2 at the Senior Center. Please register ahead by calling 1-800-365-0270. Sponsored by Second Harvest Heartland.

Weekly Cards @ the Senior Center

Tuesday 500 at 1 p.m.
Tuesday Bridge at 1:15 p.m.
Thursday Men's Cards at 1 p.m.
Friday Pfeffer at 1:30 p.m.

ADULT FITNESS & SPORTS

Tae Kwon Do

is a Korean martial art that builds character, confidence, discipline, and physical skills. This program is **NATIONALLY CERTIFIED** with (USTF, United States Tae Kwon Do Federation) Age 5–adult. All classes are held in the Multi-Purpose Room #315A at the St. Peter Community Center. Instructor: John Cha.

Levels	Please note: NO JANUARY CLASSES	
	Sess. I (14 classes)	Sess. II (14 classes)
Beginners No stripe/1 stripe	Mon. & Wed., 5:30–6:20 p.m. Feb. 11–Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 5:30–6:20 p.m. Apr. 8–May 22 \$65
Intermediate Two/Three stripes	Mon. & Wed., 6:30–7:20 p.m. Feb. 11–Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 6:30–7:20 p.m. Apr. 8–May 22 \$65
Advanced Yellow Belt	Mon. & Wed., 7:30–8:20 p.m. Feb. 11–Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 7:30–8:20 p.m. Apr. 8–May 22 \$65

Ask about our family discount!

Adult Social Pickleball

Sess. 1: Wed., Mar. 6–Apr. 10, 6–8:30 p.m., SPCC Gym, \$15
Sess. 2: Wed., Apr. 17–May 15, 6–8:30 p.m., SPCC Gym, \$15
Once you try it you will be hooked! Meet new people and get some great exercise while playing or learning the fastest growing sport in America! Anyone can play. It's played on a badminton size court with wooden paddles and a wiffle ball. If you have never tried Pickleball before we have paddles and balls for you to use. Just show up! (Min. 16)

Adult Softball Leagues

Registration begins Mon., Jan. 4 and runs through Fri., Mar. 1.
Games may be played at multiple facilities

Co-Ed League A & B – Monday

Recreational
Sponsor fee \$230 – Team fee \$250
10-game season
Approximate start Apr. 30

Men's Division I – Tuesday

Competitive – State sanctioned
Sponsor fee \$300 – Team fee \$250
12-game season
Approximate start May 1

Men's Division II A & B – Wednesday

Recreational – State sanctioned
Sponsor fee \$300 – Team fee \$250
12-game season
Approximate start May 2

Women's League – Thursday

All Classes - State sanctioned
Sponsor Fee \$300 – Team fee \$250
12-game season
Approximate start May 3



Recreation & Leisure Hotline 934-0070 for cancellations

See Aquatics Section for Scuba Diving & Water Aerobics

Youth General Interest

Scholarships: Saint Peter Community & Family Education has youth scholarships for families who may find that the full registration fee for an activity is a hardship. To be eligible for a youth scholarship, an individual must have a financial need and reside in the Saint Peter School District or participate in the open enrollment option for the district. To receive a scholarship application, call 934-3048 or stop by the office in Rm. 207 at the Community Center.

Spanish for Kids

Tamara Gordy
Grades K-2 at South Early Learning Center
Sess. 1: Mon., Jan. 28-Mar. 11 (No class Feb. 18) (6 classes), 2:45-3:45 p.m., Media Center, (Register by: Jan. 22) \$45 CY-W01
Sess. 2: Mon., Mar. 18-Apr. 29 (No class Apr. 1) (6 classes) 2:45-3:45 p.m., Media Center, (Register by: Mar. 11) \$45 CY-W03
Grades 3-6 at North Intermediate
Sess. 1: Tue., Jan. 29-Mar. 5 (6 classes), 3-4 p.m., Art Rm. (Register by: Jan. 22) \$45 CY-W02
Sess. 2: Tue., Mar. 12-Apr. 16 (6 classes), 3-4 p.m., Art Rm. (Register by: Mar. 4) \$45 CY-W04

Childhood is the ideal time to learn a second language. Learning a second language can improve listening and memory skills, self-esteem, and overall comprehension and test scores. In Spanish for Kids, children will learn Spanish naturally through hands-on, interactive experiences. Participants will learn the sounds, phrases and vocabulary while reinforcing their new knowledge with games, music, activities, and crafts. Children who struggle with academics are highly encouraged to register. Each session is different; you can register for both or just one. (Min. 5, max. 15) ☑

Watch Me Draw! ARTic Expedition

Watch Me Draw Staff
Grades 3-6: Wed., Jan. 30-Mar. 6 (no class Feb. 13), 3-4 p.m., North Intermediate Art Rm., \$49 CY-W05

Grades K-2: Fri., Feb. 1-Mar. 1, 2:45-3:45 p.m., South Early Learning Center Art Rm., \$49 CY-W06

Join us this winter for an art filled expedition to the ARTic wilderness. Discover the secrets of drawing realistic animals, people and landscapes. You will complete a finished masterpiece each week that will give you the practice, confidence and skills to use in all of your artwork. 5 classes. (Min. 5, max. 20. Register by: Jan. 28 for either) ☑

Watch Me Draw! Winter Animals in Oil Pastels

Watch Me Draw Staff
Grades 3-6: Mon., Mar. 11-Mar. 25, 3-4 p.m., North Intermediate Art Rm., (Register by: Mar. 4) \$35 CY-W07

Grades K-2: Wed., Mar. 20-Apr. 3, 2:45-3:45 p.m., South Early Learning Center Art Rm., (Register by: Mar. 18) \$35 CY-W08

Experience the fun of oil pastels as you create icy scenes of winter animals. Take home an oversized masterpiece each week showcasing different effects special to oil pastels. Have a blast making the best art around...YOURS! 3 classes. (Min. 5, max. 12) ☑

Watch Me Draw! Spring Art Sampler

Watch Me Draw Staff
Grades 3-6: Wed., Apr. 17-May 15, 3-4 p.m., North Intermediate Art Rm., \$50 CY-W09

Grades K-2: Fri., Apr. 19-May 17, 2:45-3:45 p.m., South Early Learning Center Art Rm., \$50 CY-W10

You will create 2- and 3-dimensional spring themed projects with drawing, clay and acrylics. This session provides a chance to work on a variety of skills, explore different techniques and mediums, create a work of art from start to finish and have a lot of fun! 5 classes. (Min. 5, max. 20. Register by: Apr. 15 for either) ☑



Fun with Books: Let it Snow

Lori Oachs
Tue., Jan. 22, 2:45-3:45 p.m., South Elementary Art Rm., \$3 CY-W11

Grades K-2: It is the time of year where snow is all around us. We will read books about snow and all the fun things we can do outside this time of year, have a snack and make a project to take home. (Min. 5, max. 10. Register by: Jan. 14) ☑

Fun with Books: Monkeys

Lori Oachs
2:45-3:45 p.m., South Early Learning Center Art Rm., \$3 Sess. 1: Tue., Mar. 12 CY-W12

Sess. 2: Wed., Mar. 13 CY-W13
Grades K-2: Monkeys are so cute and silly. We will enjoy reading books about those silly critters, have a snack and make a project that you get to take home. (Min. 5, max. 10. Register by: Mar. 4) ☑

Fun with Books: Oops!

Lori Oachs
2:45-3:45 p.m., South Early Learning Center Art Rm., \$3 Sess. 1: Mon., May 13 CY-W14

Sess. 2: Tue., May 14 CY-W15
Grades K-2: We all make mistakes. In this class we will read books about how to turn mistakes into something good, have a snack and make a project that you get to take home. (Min. 5, max. 10. Register by: May 6) ☑

Book Adventures:

The Strange Case of Origami Yoda

Lori Oachs
Mon., Apr. 8-May 6, 3-4 p.m., North Intermediate Art Rm., \$15 CY-W16
Grades 3-6: In this five-week class we will explore *The Strange Case of Origami Yoda*, by Tom Angleberger with discussions and fun projects. The book is about a boy who gives people advice using a Yoda finger puppet he made by folding paper. The book is yours to keep at the end of the class! Students should bring a snack each week. (Min. 5, max. 10. Register by: Apr. 2) ☑

Sensational Science: Glow in the Dark

Lori Oachs
Grades 3-6: Mon., Feb. 11, 3-4 p.m., North Intermediate Art Rm., \$5 (Register by Feb. 4) CY-W17
Grades K-2: 2:45-3:45 p.m., South Early Learning Center Art Rm., \$5 (Register by Feb. 11)
Sess. 1: Tue., Feb. 19 CY-W18
Sess. 2: Wed., Feb. 20 CY-W19
 Do you want to shed some light on the dark? We will have fun experimenting with shadows and things that glow in the dark. Students should bring a snack. (Min. 5, max. 10) ☑

Piano or Voice Lessons

Melissa Pate
Sess. 1: Tue., Jan. 22-Mar. 5 (7 weeks) (Register by: Jan. 14) \$115 CY-W20
Sess. 2: Tue., Mar. 12-Apr. 30, (8 weeks) (Register by: Mar. 4) \$132 CY-W21
Thirty min. lessons, call 934-3048 to schedule. Lesson times available between 1:30-6:30 p.m., SPCC Rm. 104
 This course is intended for beginning students as well as those with experience. Melissa has more than 10 years of private teaching experience and specializes in instrumental and vocal performance instruction. A keyboard will be provided at the lessons. ☑



Piano, Violin, Cello, Viola or Mandolin Private Lessons (Youth)

Lehi Hoehn, B.A.
Sess. 1: Wed., Jan. 16-Feb. 27 (7 weeks) (Register by: Jan. 14) \$115 CY-W22
Sess. 2: Wed., Mar. 6-Apr. 17, (7 weeks) (Register by: Mar. 4) \$115 CY-W23
Sess. 3: Wed., Apr. 24-May 29, (6 weeks) (Register by: Apr. 22) \$99 CY-W24
Thirty min. lessons, call 934-3048 to schedule. Lesson times available between 2-6 p.m., SPCC Rm. 104
 Ages 4-18: This course is intended to either introduce participants to an instrument or help musicians improve their skills. Students should bring their instrument; a piano will be provided. Lehi has 9 years of private teaching experience and holds a B.A. in music. ☑

Private Guitar Instruction

Dave Rupe
Sess. 1: Thu., Jan. 17-Feb. 14 (Register by: Jan. 14) CY-W25
Sess. 2: Thu., Feb. 21-Mar. 21 (Register by: Feb. 19) CY-W26
Sess. 3: Thu., Mar. 28-Apr. 25 (Register by: Mar. 25) CY-W27
Five, 30-min. lessons, call 934-3048 to schedule. Lesson times available between 3-7 p.m., SPCC Rm. 104, \$55
 Learn the basics to playing the guitar in one-on-one sessions. Lessons are catered to the student building upon skills they may already have and giving them basic guitar knowledge to start playing. Students should bring their own guitar to the lessons. ☑

Children and Youth Classes at the Arts Center of Saint Peter

315 S. Minn. Ave., St. Peter
 ** Current members of the Arts Center receive a 10% discount off the price of classes marked (**)
 from the Arts Center.

Cartoon & Illustration ART-W12

Sarah Weinberg
Arts Center of Saint Peter
Tue., Feb. 19-Mar. 26 (6 weeks), 4-6 p.m. \$65 + \$10 instructor supply fee**
Adults & Youth: ages 14 & up. This course will combine art with storytelling. For those who are interested in character development and illustration for animation! Students will create illustrations based on imagined stories or fictional works of their choosing. Students create on sketching techniques, personal style and refinement throughout the course while maintaining a holistic approach to their art. This will be achieved by bouncing ideas off peers, gathering sources of inspiration, and having fun! (Min. 5, max. 10. Register by: Feb. 11) ☑

Wheel for Kids 1 & 2

Caitlin Robb
Sess. 1: Thu., Jan. 31-Feb. 21 (4 weeks), 4-6 p.m. (Register by: Jan. 28) ART-W13
Sess. 2: Thu., Mar. 7-28 (4 weeks), 4-6 p.m. (Register by: Mar. 4) ART-W14
Clay Center at the Arts Center of Saint Peter \$45 includes supplies**
Grades 4-7. Ready to get messy? Gain confidence while working in an art form that is both accessible and rewarding. Develop imagination as you learn to translate two-dimensional images into three-dimensional works of clay art. Learn basic throwing techniques on the pottery wheel and take home beautiful pieces of functional pottery. (Min. 6, max. 8) ☑

See Adult section for Teen Arts Center Classes.



Grandmaster of Chess Grades K-5

Grades K-2: Tue., Jan. 22-Feb. 26, 3-4 p.m., South Early Learning Center, \$60
Grades 3-5: Thu., Jan. 24-Feb. 28, 3-4 p.m., North Intermediate, \$60

Be a Grandmaster of Chess by learning everything from basic piece movement and checkmate patterns to strong openings, discovered check, back rank mates and more advanced concepts. New players as well as intermediate and advanced players are welcome. Players are paired up with students of similar age and skill level and instructors direct them on strategy, application of studied concepts and analyze each ongoing game. Taught by the Youth Enrichment League. ☑

LEGO Creations! Ages 5+

Wed., Feb. 13, 1-3 p.m. (Early Release day) \$12, SPCC 310B
 Join the Nordic Storm Robotics team for an afternoon of LEGO building. High school students will be on hand to assist children with design ideas. Will you make a flying contraption, a slithering snake, or a stair climber? Check out the fun! (Min. 6, max. 12) ☑

Explore LEGOS! Grades 3-6

Wed., Apr. 3 & 10, 3:15-5 p.m. \$20, SPCC 310B
 Let's build and explore together. LEGO Education kits, LEGO Mindstorm kits and LEGO materials will be available for students to explore through play. Solar powered contraptions, motorized whirly-gigs, and robotic hands could all be designed and built. (Min. 6, max. 12) ☑

Babysitters Training Grade 5 & up

Sat., April 6 & 13, 8:30 a.m.-12:30 p.m. \$30, SPCC Rm. 310B
 Get ready for summer babysitting opportunities! Become a Red Cross Certified babysitter. Learn skills needed to be a responsible babysitter. Materials included in fee. Must attend both Saturdays to earn certification. Please bring a sack lunch. (Min. 6, max. 12) ☑

Recreation & Leisure Hotline
 934-0070 for cancellations

ECFE

(Early Childhood Family Education)

What you'll find in an ECFE Class!

- Parent/Child Time** - Parents and children experience a wide variety of learning opportunities planned by a licensed teacher that promotes a child's growth and development and gives parents ideas to try at home.
- Separating Classes** - Parents and a licensed parent educator share experiences, ideas and information. Parents move to a separate room for their time.
- Child Time** - After parents leave for discussion, the children remain with an early childhood educator, and participate in age appropriate activities.

ECFE Information

Weather Cancellation Policy - ECFE cancels when the Saint Peter Public Schools close. Call the Community Education Weather Information Line at 934-3048 x411.

Sibling Care is available for all ECFE classes for siblings from birth to kindergarten. Pre-registration for sibling care is required by Jan 14th.

ECFE Spring Registration Event

Sat., Jan. 12, 9-10:30 a.m. SPCC Rooms 115, 117 and 119
 Join us for a morning of play and fun as we open our classrooms to families to explore and register for our spring classes. ECFE classes are a great way to meet families, gain information about your child's development and to spend special time with your little one. We hope you can join us!

ECFE Fees

Fees for all Joy of Parenting classes and sibling care are based on a family's yearly gross income. Payments are confidential. Consider the sliding fee scale below and choose what your family can afford. Saint Peter School District residents will be denied participation due to inability to pay. Call 934-3048 with questions.

Family's Yearly Gross Income	Winter/Spring Session Fee	Sibling Care Fee per Family
U-CARE Family	\$ 0	\$ 0
Qualified for free or Reduced lunch	\$ 5	\$ 5
\$20,000-\$30,000	\$ 20	\$ 20
\$30,000-\$40,000	\$ 28	\$ 28
\$40,000-\$50,000	\$ 37	\$ 37
\$50,000-\$60,000	\$ 61	\$ 61
\$60,000 +	\$ 86	\$ 86
Non-resident	\$106	\$106

(Non-resident availability confirmed by Jan. 14th)

Snowshoes for Rent!

Bundle up, get outside, and experience the season! Enjoy the winter by taking a snowshoe stroll through the woods. The Saint Peter Recreation Department and Treaty Site History Center provide adult and youth size snowshoes for rent. Please call 934-0667 (Recreation) or 934-2160 (Treaty Site History Center) for more information.

Rental fees:
\$5 per pair per day
\$10 for the weekend (Deposit of \$50 per pair due upon pick up)
Adult and youth sizes are available. Please call ahead for larger groups.

Ice Skating

Veteran's Park Rinks
 Two public ice skating rinks are located on the west side of Veteran's Park (located along 5th Ave. North between Skaro and Chatham streets).

A warming house/rink attendant is on duty during the following scheduled hours:

Mon.-Fri.	3:30-9 p.m.
Sat.	10 a.m.-9 p.m.
Sun.	1-9 p.m.
School Vacation Days	1-9 p.m.

Pre-School

Come Dance With Me: Winter Warmth-Music & Movement for the Young Child cy-w28

Lynn Rozen
Thu., Jan. 17-Feb. 14 (5 classes), 6-6:45 p.m. \$40 (additional siblings \$30), SPCC Rm. 310A
 Lose your cabin fever this winter by sharing the joy of music and movement with your young child. Designed for children ages 3 months to 5 years, this class includes singing, playing musical instruments, creative movement, winter themes, and FUN! Stimulate your child's learning through music and dance this winter. Caregivers attend class and join the fun. (Min. 5, max. 12. Register by: Jan. 14) ☑

Come Dance With Me: Ring In Spring-Music & Movement for the Young Child cy-w29

Lynn Rozen
Thu., Apr. 4-May 2 (5 classes), 6-6:45 p.m. \$40 (additional siblings \$30), SPCC Rm. 310A
 Children explore the spring themes of bunnies, birds, and rain through music and movement. Expect songs, rhythm instruments, creative movement, stories, and FUN! Class is designed to stimulate language learning and physical development for infants to age five. Caregivers attend class and join the fun. (Min. 5, max. 12. Register by: Apr. 2) ☑



Rink Closure Guidelines:

- Temperatures that soften the ice.
- Wind chill temperature that reach -15 or colder.
- When more than 1" of snow accumulates on the ice and maintenance crews are not available (e.g. holidays, weekends).

For information on rink closures call the Rec Hotline at 934-0070.

Looking ahead to summer...

Picnic shelter reservations
 Shelters available at Minnesota Square, Gorman Park, Gault Park, and Riverside Park (Mill Pond). Reserve a picnic shelter for your gathering. Forms are available at the Recreation Office, SPCC, 600 S. 5th St., Ste. 200. Call 934-0667 with questions. \$40 Res., \$52 Non-Res., plus a \$100 damage deposit.

Park Alcohol Permits

Permits are available for alcohol consumption in the parks. To receive a permit, complete a park alcohol permit form and provide a \$100 damage deposit. Forms available at the Recreation office, SPCC, 600 S. 5th St., Ste. 200. Call 934-0667 with questions.

Recreation & Leisure Hotline
 934-0070 for cancellations

Giggles and Wiggles Pool Time

Mondays, 9:30-11:30 a.m. Feb. 25, Mar. 25 and Apr. 29
Saint Peter High School and Community Pool \$2 per swimmer, pay lifeguard at the pool.
Infants-Pre-K. Blow bubbles, splash and kick to your hearts delight in this fun pool time scheduled just for little ones. Feel free to bring floaties and water toys. Children must be accompanied in the water by a caregiver. Maximum of two children per adult swimmer.

help me



Concerned about your child's development? Help Me Grow, a group of service providers working together to help families in St. Peter, Nicollet, Cleveland, St. Clair, Lake Crystal and Le Sueur-Henderson school districts, provides a free early intervention referral service to help families find and coordinate resources for their children aged birth to 5 years old. Call (507)934-5420 (ext 253). Like us on Facebook @ MVED Early Intervention



ECFE SPECIAL EVENTS

Valentine Fun for Young Children ECFE-W10

Michelle Holicky
Sat., Feb. 9, 9-10:30 a.m. SPCC Rm. 119, \$5 per child
 Ages 1-5. Join us for a morning of Valentine fun. We will be making Valentine's Day crafts and doing Valentine's Day related activities. Children will have time to explore several different centers at their own pace; then we will have circle time with stories and songs followed by a snack. Children must be accompanied by an adult. (Min. 4, max. 15. Register by: Feb. 4) ☑



Merlajean's Parading Puppets Show

Week of the Young Child Celebration
Thu., Apr. 18, 6:30-7:30 p.m. SPCC, Rm. 219, FREE, no registration required.
Come celebrate the Week of the Young Child with a puppet show by Merlajean's Parading Puppets.
 The Week of the Young Child (Apr. 14-20) is an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC). The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.

School Readiness (Preschool)

Open House

for 2012-2013 Registrations
Sat., Feb. 23, 9-11 a.m. SPCC Rm. 117, no registration required
 The Saint Peter School Readiness Program will be hosting an open house for families that are interested in getting more information about the pre-school programs being offered in the fall of 2013. Applications for the program will be available and teachers will be on hand to answer questions about the classes offered.



Aquatics

AMERICAN RED CROSS SWIM LESSONS

All classes held at Saint Peter High School & Community Pool

AMERICAN RED CROSS SWIM LESSONS

All classes held at Saint Peter High School and Community Pool

Water Babies

Sess. 1: Sat., Jan. 12-Feb. 16, 9:30-10:05 a.m. (Register by: Jan. 7) SWM-W01

Sess. 2: Sat., Mar. 9-Apr. 20 (skip Mar. 30), 10:25-11 a.m. (Register by: Mar. 4) SWM-W02

6 Lessons, \$25

Age 6 mos.-2 yrs. This class focuses on water adjustment and swim readiness. Children must wear a swim diaper or plastic pants with their swimsuit. A caregiver (age 18 or older) is required to be in the water with each child. (Min. 4, max. 10) 

Aqua Tot

Sess. 1: Sat., Jan. 12-Feb. 16, 9:30-10:05 a.m. (Register by: Jan. 7) SWM-W03

Sess. 2: Sat., Mar. 9-Apr. 20 (skip Mar. 30), 10:25-11 a.m. (Register by: Mar. 4) SWM-W04

6 Lessons, \$25

Age 2-4 yrs. Learn water adjustment, explore submerging and buoyancy. Children who are not toilet trained must wear a swim diaper or plastic pants with their swimsuit. A caregiver (age 18 or older) is required to be in the water with each child. (Min. 4, max. 15) 

Dolphins

Sess. 1: Tue. and Thu., Jan. 8-24, 6:05-6:40 p.m. (Register by: Jan. 2) SWM-W05

Sess. 2: Sat., Jan. 12-Feb. 6, 9:30-10:05 a.m. (Register by: Jan. 7) SWM-W06

Sess. 3: Sat., Mar. 9-Apr. 20 (skip Mar. 30), 9:30-10:05 a.m. (Register by: Mar. 4) SWM-W07

6 Lessons, \$25

Age 4 yrs. Learn water adjustment, breath control, submerging, and buoyancy on front and back with support. (No parent in water with child.) (Min. 4, max. 6) 

Sharks

Sess. 1: Tue. and Thu., Jan. 8-24, 6:05-6:40 p.m. (Register by: Jan. 2) SWM-W08

Sess. 2: Sat., Jan. 12-Feb. 6, 9:30-10:05 a.m. (Register by: Jan. 7) SWM-W09

Sess. 3: Sat., Mar. 9-Apr. 20 (skip Mar. 30), 10:25-11 a.m. (Register by: Mar. 4) SWM-W10

6 Lessons, \$25

Age 5 yrs. Learn breath control, submerging, swimming and floating on front and back with support, water safety rules, using a life jacket and how to get help in an emergency. (Min. 4, max. 6) 

Whales

Sess. 1: Tue. and Thu., Jan. 8-24, 6:05-6:40 p.m. (Register by: Jan. 2) SWM-W11

Sess. 2: Sat., Jan. 12-Feb. 6, 10:15-10:50 a.m. (Register by: Jan. 7) SWM-W12

Sess. 3: Sat., Mar. 9-Apr. 20 (skip Mar. 30), 9:30-10:05 a.m. (Register by: Mar. 4) SWM-W13

6 Lessons, \$25

Age 6 yrs. Learn to fully submerge and hold breath, tread water, and change direction of travel while swimming on front or back. Age appropriate water safety topics are also covered. (Min. 4, max. 6) 

Level 1

Sess. 1: Tue. and Thu., Jan. 8-31, 5:10-5:55 p.m., (Register by: Jan. 2) SWM-W14

Sess. 2: Sat., Mar. 9-May 4, 10:25-11:10 a.m. (skip Mar. 30) (Register by: Mar. 4) SWM-W15

Sess. 3: Tue. and Thu., Apr. 2-25, 6:05-6:50 p.m., (Register by: Mar. 25) SWM-W16

8 Lessons, \$33

Age 7 yrs. Learn front and back independent floating/kicking, alternating arm action, water safety rules, and using a life jacket. (Min. 4, max. 12) 

Level 2

Sess. 1: Sat., Jan. 12-Mar. 2, 10:15-11 a.m., (Register by: Jan. 7) SWM-W17

Sess. 2: Sat., Mar. 9-May 4, 9:30-10:15 a.m. (skip Mar. 30) (Register by: Mar. 4) SWM-W18

Sess. 3: Tue. and Thu., Apr. 2-25, 5:10-5:55 p.m., (Register by: Mar. 25) SWM-W19

8 Lessons, \$33

Ages 7 yrs. and up. Learn submerging, front and back glide, jellyfish and back float, treading, and swim on front and back 15 feet. (Level 1 pre-requisite) (Min. 4, max. 12) 

Level 3

Sess. 1: Tue. and Thu., Jan. 8-31, 5:10-5:55 p.m., (Register by: Jan. 2) SWM-W20

Sess. 2: Sat., Mar. 9-May 4, 10:25-11:10 a.m. (skip Mar. 30) (Register by: Mar. 4) SWM-W21

Sess. 3: Tue. and Thu., Apr. 2-25, 6:05-6:50 p.m., (Register by: Mar. 25) SWM-W22

8 Lessons, \$33

Learn to jump into deep water - kneeling dive, rotary breathing - survival float, tread water, front crawl, elementary backstroke, flutter, dolphin and scissors kicks. (Level 2 pre-requisite) (Min. 4, max. 12) 

Level 4

Sess. 1: Sat., Jan. 12-Mar. 2, 10:15-11 a.m., (Register by: Jan. 7) SWM-W23

Sess. 2: Sat., Mar. 9-May 4, 9:30-10:15 a.m. (skip Mar. 30) (Register by: Mar. 4) SWM-W24

Sess. 3: Tue. and Thu., Apr. 2-25, 5:10-5:55 p.m., (Register by: Mar. 25) SWM-W25

8 Lessons, \$33

Learn standing and surface dives, swim underwater, open turn, front and back crawl, butterfly, breaststroke, elementary backstroke, and sidestroke. (Level 3 pre-requisite) (Min. 4, max. 12) 

Level 5

Tue. and Thu., Jan. 8-31, 5:10-5:55 p.m., (Register by: Jan. 2) SWM-W26

8 Lessons, \$33

Learn shallow dive, surface dives, flip turn, front and back crawl, butterfly, breaststroke, elementary backstroke, sidestroke, and survival swimming. (Level 4 pre-requisite) (Min. 4, max. 12) 

Level 6

Sat., Jan. 12-Mar. 2, 10:15-11 a.m., (Register by: Jan. 7) SWM-W27

8 Lessons, \$33

Fitness swimmer. Stroke proficiency, open and flip turns, use pull buoy, fins, paddles, pace clock, calculate target heart rate, water exercise and fitness training. (Level 5 pre-requisite) (Min. 4, max. 12) 

Private Lessons SWM-W34

\$45, Three 30-min. lessons per child. One on one private lessons must be arranged through Community and Family Education, call 934-3048.

Water Safety Instruction SWM-W35

Maggie Schroeder

Sat. and Sun., Mar. 2 and 3, 16 and 17, 8:30 a.m.-4:30 p.m. Saint Peter High School and Community Pool, \$191

For ages 16 years old and up on or during the course of the class. A sound background in all six swimming strokes is required. Classes must be successfully completed and none may be missed. A 7-point written test and performance test will be given. Candidates will perform several teaching presentations to the class. Certification will be granted only upon successful completion of the course. Students with valid certificates are eligible to apply for open positions at area pools. (Min. 6, max. 14. Register by: Feb. 19) 



Scuba Diving SWM-W36

Tom Rodgers, Licensed Scuba Instructor

Sat., Mar. 23, 9 a.m.-4p.m. Saint Peter High School and Community Pool

\$228 (includes use of scuba equipment)

For proficient swimmers who are 14 years and older. Learn the basics of scuba diving. Classroom instruction and an underwater dive at the Saint Peter Indoor Pool. Participants will view a 4 hr. DVD at home prior to the class start date (DVD may be picked up from Community Education the week of Mar. 18). Students 10-13 years may also take the class if their parent/guardian is a registered participant. Bring a sack lunch or plan to dine out. Questions? (507) 235-3830 or trodgers@tamersagent.com (Min. 4, max. 15. Register by: Mar. 11) 

ADULTS

Early Morning Lap Swim/Water Walking

Mon.-Fri., Aug. 27-May 31, 5:45-7:15 a.m. Saint Peter High School and Community Pool

\$3 per time or \$40 for 20 punch ticket

Pay the lifeguard at the pool.

Afternoon Aqua Fit (Water Aerobics)

Mon. and Thurs., 4-5 p.m., \$40 per session.

Sess. 1: Jan. 7-Feb. 7 (10 classes) (Register by: Jan. 2) SWM-W28

Sess. 2: Feb. 11-Mar. 18 (10 classes) (skip Feb. 18) (Register by: Feb. 4) SWM-W29

Sess. 3: Apr. 1-May 2 (10 classes) (Register by: Mar. 25) SWM-W30

Saint Peter High School and Community Pool

Get a great cardiovascular workout in the water! Elevate your heart rate in the training zone without stress to your joints. Appropriate for all levels of fitness. (Min. 8, max. 25) 

Evening Aqua Fit (Water Aerobics)

Mon. and Thurs., 7-8 p.m., \$40 per session.

Sess. 1: Jan. 7-Feb. 7 (10 classes) (Register by: Jan. 2) SWM-W31

Sess. 2: Feb. 11-Mar. 18 (10 classes) (skip Feb. 18) (Register by: Feb. 4) SWM-W32

Sess. 3: Apr. 1-May 2 (10 classes) (Register by: Mar. 25) SWM-W33

Saint Peter High School and Community Pool

Get a great cardiovascular workout in the water! Elevate your heart rate in the training zone without stress to your joints. Appropriate for all levels of fitness. (Min. 8, max. 25) 



FAMILY

Saturday Open Swim

Jan. 5-May 11, 1-3 p.m., \$2 per swimmer. Pay lifeguard at the pool. Note: Children 7 and under must be accompanied by a proficient swimmer age 13 or older or wear a life jacket.

School's Out Swimming!

1-3 p.m., \$2 per swimmer

Jan. 21
Feb. 18
Mar. 29

Note: Children 7 and under must be accompanied by a proficient swimmer age 13 or older or wear a life jacket.

Giggles and Wiggles Pool Time

Mondays, 9:30-11:30 a.m.

Feb. 25, Mar. 25 and Apr. 29

Saint Peter High School and Community Pool

\$2/swimmer, pay lifeguard at the pool.

Infants-Pre-K. Blow bubbles, splash and kick to your hearts delight in this fun pool time scheduled just for little ones. Feel free to bring floaties and water toys. Children must be accompanied in the water by a caregiver, maximum of two children per adult swimmer.

FACILITY USE

Pool Weather Cancellation / Closing Policy: The pool follows the same policy as ISD 508 regarding closings and cancellations. Call the Community Education Weather Info.

Line: 934-3048 x411.

Rentals

The pool is available for rental on:

Fri., 6-9 p.m., Sat., 4-9 p.m., and Sun., 12-8 p.m.

Make your reservations at least 2 weeks in advance. Call Community Education at 934-3048. Note: Children 7 and under must be accompanied by a proficient swimmer age 13 or older or wear a life jacket.

RENTAL FEES PER HOUR

1-25 swimmers	\$50 Res. / \$65 Non-Res.
26-50 swimmers	\$60 Res. / \$78 Non-Res.
51-75 swimmers	\$70 Res. / \$91 Non-Res.
76-100 swimmers	\$80 Res. / \$104 Non-Res.



Community & Family Education
Weather Line
934-3048 x411

5



Youth Sports

Indoor Soccer Camp

Instructor: Karl Larson

SPCC Gym

Mondays, Mar. 4-25, \$30

Ages 4-5, 5:30-6:20 p.m., (Min. 6, max. 25)

Ages 6-7, 6:30-7:30 p.m., (Min. 6, max. 25)

Thursdays, Mar. 7-28, \$35

Ages 8-9, 6-7:30 p.m., (Min. 6, max. 16)

Back for its 6th year and led by SPHS Soccer Varsity Head Coach Karl Larson, players and staff, this 4-week camp is designed to help young players develop fundamentals with a focus on ball control and passing. Take advantage of this opportunity to get some touches on the ball before the summer season begins. (Each child should wear gym shoes and shin guards. NO CLEATS. Please do NOT bring soccer balls to the camp. Training equipment is provided by camp staff.) 

St. Peter Recreational Soccer Club

Register by Friday, April 12 for all leagues.

U4: (Birthdates: 8/1/08-7/31/09)

U5: (Birthdates: 8/1/07-7/31/08)

U6: (Birthdates: 8/1/06-7/31/07)

Sat. mornings, 9 a.m., Apr. 27-Jun. 22

\$40 (scholarships available), Veterans Memorial Field

Everyone plays! This 8-week training program is designed to teach young players the fundamental techniques of soccer, and to get a lot of exercise. Development happens through drills and fun games presented in an energetic and nurturing atmosphere. Instructors will be provided by the St. Peter Soccer Club. 

U7: (Birthdates: 8/1/05-7/31/06)

U8: (Birthdates: 8/1/04-7/31/05)

Sat. Apr. 27 (morning time TBA) is first meeting date

Practices begin week of Mon., Apr. 29

One practice per week, plus games held on Saturday mornings (times TBD)

\$50 (scholarships available), Veterans Memorial Field

This 8-week program offers the opportunity to improve individual player ability and to be part of a team. Practices will be held once a week with games on Saturdays. Teams will be divided into 6-8 players, same gender rosters (if possible). The

game format will be 4v4. Every participant receives equal playing time. (This League uses parent coaches who will be trained by the St. Peter Soccer Club. If you are willing to coach please indicate this when registering your child. Parent coaches will receive training and a complete guide for all 8 weeks of practice.) 

U9: (Birthdates: 8/1/03-7/31/04)

U10: (Birthdates: 8/1/02-7/31/03)

U11: (Birthdates: 8/1/01-7/31/02)

U12: (Birthdates: 8/1/00-7/31/01)

Sat. Apr. 27 (morning time TBA) is first meeting date

Practices begin week of Mon., Apr. 29

One practice per week, plus games held on Saturday mornings (times TBD)

\$60 (scholarships available), Veterans Memorial Field

This 8-week program offers the opportunity to improve individual player ability and to be part of a team. Practices will be held once a week with games on Saturdays. Teams will be divided into 6-8 players, same gender rosters (if possible). The game format will be 4v4. Every participant receives equal playing time. (This League uses parent coaches who will be trained by the St. Peter Soccer Club. If you are willing to coach please indicate this when registering your child. Parent coaches will receive training and a complete guide for all 8 weeks of practice.) 

YOUTH GYMNASTICS 

St. Peter Armory 1120 Swift Street

Instructor: Kris Glidden

Session I:

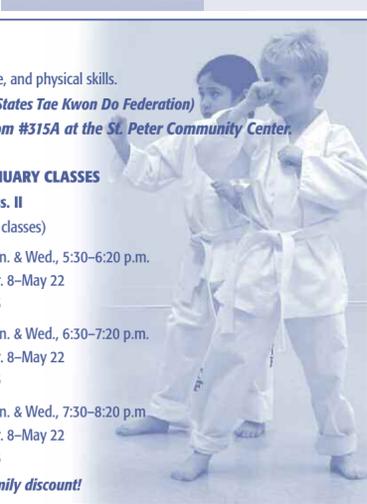
1A: Tue., Pre-school, 6-6:45 p.m., Jan. 22-Feb. 26, 6 classes

2B: Thu., Pre-school, 6-6:45 p.m., Jan. 24-Feb. 28, 6 classes

\$36 Res., \$47 Non-Res. (Min. 3, max. 6)

Tue. & Thu. Beginners/Adv. Beginners Mixed, Jan. 22-Feb. 28, 6:45-7:45 p.m., 12 classes

\$72 Res., \$94 Non-Res. (Min. 6, max. 12)



Tae Kwon Do

is a Korean martial art that builds character, confidence, discipline, and physical skills.

This program is **NATIONALLY CERTIFIED** with (USTF, United States Tae Kwon Do Federation)

Age 5-adult. All classes are held in the Multi-Purpose Room #315A at the St. Peter Community Center.

Instructor: John Cha. 

Please note: NO JANUARY CLASSES

Levels	Sess. I (14 classes)	Sess. II (14 classes)
Beginners No stripe/1 stripe	Mon. & Wed., 5:30-6:20 p.m. Feb. 11-Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 5:30-6:20 p.m. Apr. 8-May 22 \$65
Intermediate Two/Three stripes	Mon. & Wed., 6:30-7:20 p.m. Feb. 11-Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 6:30-7:20 p.m. Apr. 8-May 22 \$65
Advanced Yellow Belt	Mon. & Wed., 7:30-8:20 p.m. Feb. 11-Mar. 27 (no class Feb. 18) \$65	Mon. & Wed., 7:30-8:20 p.m. Apr. 8-May 22 \$65

Ask about our family discount!

Session II:

2A: Tue., Pre-school, 3:45-4:30 p.m., Apr. 23-May 14, 4 classes

2B: Thu., Pre-school, 3:45-4:30 p.m., Apr. 25-May 16, 4 classes

WINTER 2013 BROCHURE

Community & Family Education and Recreation and Leisure Services January-May 2013 Classes & Activities Registration begins immediately

Community Education & Recreation & Leisure Classes & Activities Brochure, published three times a year. 2013 / Issue # 1



Community & Family Education

register online at:
www.stpetercommunityedonline.com
Phone: 934-3048

City of St. Peter Recreation & Leisure Services Department

register online at:
www.saintpetermn.gov/recreation
Phone: 934-0667



St. Peter Community Center
600 South Fifth Street
St. Peter, MN 56082

Nonprofit Org.
U.S. Postage
PAID
Permit No. 10
St. Peter, MN 56082

POSTAL PATRON
St. Peter, MN 56082

2ND ANNUAL
fiction children's memoir
mystery adult
St. Peter
BOOK FESTIVAL 2013
Community Center
April 6, 2013

Brunch with the Authors

10-11:45 a.m. / St. Peter Senior Center

Catered by Gustavus Dining Service

Keynote: **William Kent Krueger**
with New Release (Mar. 2013)
Ordinary Grace

plus a **Moveable Feast of Authors**
\$20 / GI-W98 / register by Thu., Mar. 28
through **Community Education CE**
Seating Limited / Register Early

■ **2013 Book Festival / 1-5 p.m. / FREE**

• Meet Area Authors

• Attend Panel Presentations: Adult & Readers (Grades 4-6)

• Purchase Books

• Author Storytime & Activities for families with young children

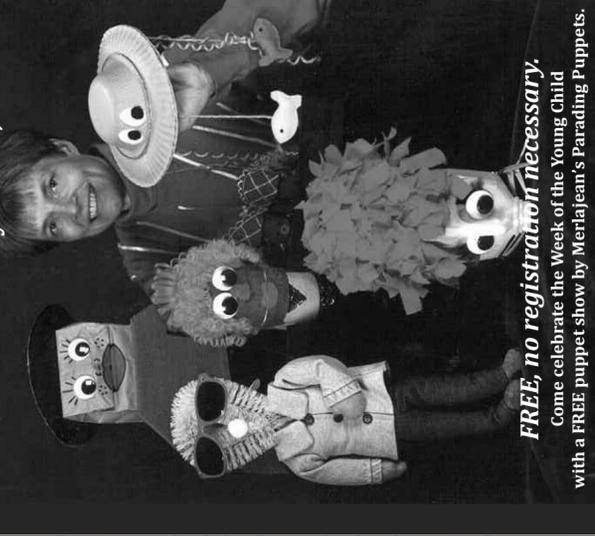
<http://stpeterreads.wordpress.com/>

This activity is made possible by the votes of Minnesota through a grant from the Traverse des Sioux Library System, thanks to a legislative appropriation from the Arts and Cultural Heritage Fund and the additional sponsors below.



Week of the Young Child™ Early Years Are Learning Years®

Thu., Apr. 18, 6:30-7:30 p.m.
St. Peter Community Center, Rm. 219



FREE, no registration necessary.
Come celebrate the Week of the Young Child
with a FREE puppet show by Merle Jean's Parading Puppets.



"Women Inspiring Innovation"

Tuesday, March 19, 2013
6:00 p.m. Social Hour
6:30 p.m. Dinner & Program

Jackson Campus Center
Gustavus Adolphus College

\$20

Register by March 11, 2013
GI-W99

Freeze Your Buns 4-Mile Run Sat., Jan. 26

Part of Winterfest 2013!

St. Peter
Community Center



Registration:

- Pre-register at the St. Peter Recreation and Leisure Services Department, 600 S. 5th St., Suite 200 or on-line at www.saintpetermn.gov/recreation
- Shirt guaranteed if registered by Friday, Jan. 11.
- Race Day Registration from 9-9:50 a.m.

Event shirt not guaranteed when registering on race day. May order a shirt for \$10 on race day.

Fees:

- Before Friday, January 11 - \$16
- After Friday, January 11 - \$20
- Student Fee - \$14 (includes college and younger)

Prizes:

- 1st-3rd place finishers male & female
- Random prize drawings



Food Shelf donations will be accepted.
Pizza provided by Jake's Pizza of Saint Peter following the race.

All race participants will receive a discount to the Art Center of Saint Peter's "SOUPER BOWL" following the event for great food and hand-crafted soup bowls!

DADDY-DAUGHTER DANCE "HOLLYWOOD GLEEZ"

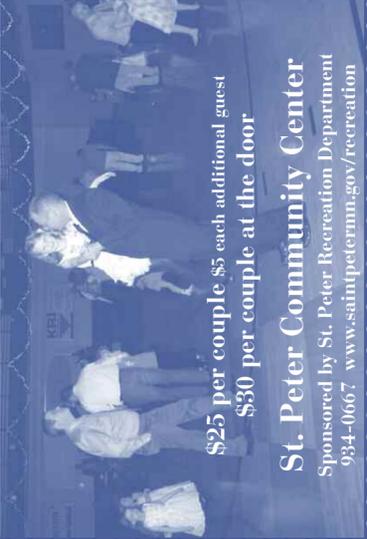
Saturday, March 2

5:30-8 p.m. Pictures

6-8 p.m. Dance & Activities

Dads, Uncles, Grandpas, Big/Little Brothers, Friends, Cousins...

bring that special "daughter" in your life to this memorable evening!



\$25 per couple \$5 each additional guest
\$30 per couple at the door

St. Peter Community Center
Sponsored by St. Peter Recreation Department
934-0667 www.saintpetermn.gov/recreation

Girls on the Run™ theRun



Empowering girls in
3rd through 5th grade

Girls on the Run® uses the power of running to help prepare girls for a lifetime of self-respect and healthy living.

Group meets after school twice a week during the 10-12 week season and celebrates the close of the season with a 5k (3.1 mile) run/walk event.

Mon. & Thu., 3-5 p.m.

Feb. 4-Apr. 29

(no class Feb. 18, Mar. 11, 14, 28, Apr. 1)

St. Peter Community Center
Multi-Purpose Room

Program Fee: \$125. Fees are based on a Sliding Fee Scale for each family and are determined by household income. For information on scholarships, please contact Sheri Sander (507) 345-4629.

Register for Girls on the Run at
www.mankatoywcca.org



New Balance
Girls on the Run 5k
Community Run/Walk Event
Saturday, April 27
Sibley Park, Mankato