



# St. Peter Senior Center July 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 1:00 Men's Cards	2 1:30 Pfeffer	3
 <b>4</b> Fourth of July Parade 10:30 a.m. S. Washington Ave., St. Peter	 <p>To register or for questions, please call Sylvia at 934-7434</p> <b>5</b> July 4th Holiday Observance Sr. Center <b>CLOSED</b>	<b>6</b> Foot Clinic 10:00—PALS 1:00—500 cards 1:15 - Bridge	<b>7</b>	<b>8</b> 10:00—PALS 1:00 Men's Cards	<b>9</b> 1:30 Pfeffer	<b>10</b>
<b>11</b>	<b>12</b> Moon Dogs Game St. Peter Night 7:00 p.m.	<b>13</b> 10:00—PALS 1:00—500 cards 1:15 - Bridge	<b>14</b>	<b>15</b> 10:00—PALS 1:00 Men's Cards	<b>16</b> 1:30 Pfeffer	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b> Foot Clinic 1:00—500 cards 1:15 - Bridge	<b>21</b>	<b>22</b> <span style="border: 1px solid red; padding: 2px;">Road Trip</span> 1:00 Men's Cards	<b>23</b> 1:30 Pfeffer	<b>24</b>
<b>25</b>	<b>26</b> 2-4 Medicare / Health Ins. NAPS 3-4 pm	<b>27</b> 10:00—PALS 1:00—500 cards 1:15 - Bridge	<b>28</b>	<b>29</b> 10:00—PALS <span style="background-color: yellow; padding: 2px;">11:30 Birthday Dinner &amp; Bingo</span> 1:00 Men's Cards	<b>30</b> 1:30 Pfeffer	<b>31</b>



# St. Peter Senior Center August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Foot Clinic 10:00—PALS 1:00—500 cards 1:15 - Bridge	4	5 10:00—PALS 1:00 Men's Cards	6 1:30 Pfeffer	7
8	9	10 10:00—PALS 1:00—500 cards 1:15 - Bridge	11 <b>Nicollet Co. Fair</b> 11 <sup>th</sup> -15 <sup>th</sup>	12 10:00—PALS 1:00 Men's Cards	13 1:00—Senior Day at the Nicollet Co. Fair <b>NO Pfeffer</b>	14
15	16	17 Foot Clinic 10:00—PALS 1:00—500 cards 1:15 - Bridge	18	19 10:00—PALS 1:00 Men's Cards	20 1:30 Pfeffer	21
22	23 2-4 Medicare / Health Ins. NAPS 3-4 pm	24 10:00—PALS 1:00—500 cards 1:15 - Bridge	25	26 10:00—PALS 1:00 Men's Cards	27 1:30 Pfeffer	28
29	30	31 10:00—PALS 1:00—500 cards 1:15 - Bridge		September 2nd 10:00—PALS	<p>To register or for questions, please call Sylvia at 934-7434</p>	

# Ongoing Events

## St. Peter Senior Center

600 South Fifth Street, Suite 219 934.7434 or 934.0667

Sylvia Perron, Senior Center Coordinator

### Thursday, July 29<sup>th</sup> Birthday Dinner & Bingo - 11:30

Menu: "BBQ Chicken"

Free meal if you have a July birthday — Suggested Donation \$4.00.

Call 934-0667 or 934-7434 for reservations. *Reservation Deadline is July 26.*

*Bingo at 12:30. We will play 10 games. \$1.00 per card.*

*August Birthday Dinner & Bingo - Call 934-0667 or 934-7434 for date.*

### N.A.P.S.

(Nutrition Assistance Program for Seniors)

Call to pre-qualify 1-800-365-0270.

Pick up food at the Senior Center on:

**Monday, July 26 & Monday, August 23, 3:00 - 4:00 p.m.**

Sponsored by: Second Harvest

### 55 Alive Driver's Safety Classes

Tue, July 13 5:45-9:45 p.m.

Tue, Aug. 8 1:15-5:15 p.m.

Tue, Sept. 14 5:45-9:45 p.m.

Tue & Wed, Sept 21 & 22 5:45-9:45 p.m.

Call St. Peter Comm. & Family Education, 600 S. Fifth Street,  
Suite 207 - for an appointment, 934-3048



Foot Clinics — Tuesdays, July 6 & 20; August 3 & 17. Call 934-0667 for appointment. Fee: \$22.00. Traverse des Sioux Rm #102.

- ◆ 500 Cards — Tuesdays at 1:00 pm
- ♠ Bridge — Tuesdays at 1:15 pm
- ♠ Men's Cards — Thursdays at 1:00 pm
- ♥ Pfeffer — Fridays at 1:30 pm



This newsletter is a collaboration of: Nicollet County Senior Services & the St. Peter Senior Center.  
Newsletter Requests: Please call Sylvia at 934-0484. If you would like to receive this newsletter by email or if you would like to have your name removed from the mailing list.

# Monthly Activities

## Moon Dogs St. Peter Night

Monday, July 12th @ 7 p.m.

Franklin Rodgers Park, 601 Reed Street, Mankato  
Moon Dogs against the Brainerd Lunkers

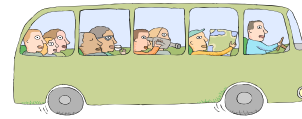


**\$3 General Admission Tickets**

You can purchase tickets at the  
St. Peter Recreation Department for St. Peter Night!



## Road Trip



## Tour of Henderson Thursday, July 22

*Hummingbird Gardens, Henderson Feathers, Antique  
Shops, Bittersweet Coffee and Café, & more!*

Meet at the Senior Center at 9:00 a.m.  
We will return around 11:30 a.m.

Cost: \$5.00

# P.A.L.S.

Partners in Active Living for Seniors



Exercise classes designed for older adults.

Tuesday and Thursday, 10:00-11:00 a.m.

**\$20 per person per session—Please make checks out to Nicollet County Public Health**

Tuesday, July 27 — Thursday, Sept. 2. **SPCC Multi-Purpose Room 310A.**

A health and fitness program designed to help older adults have fun, be more active and live a better quality of life. *All fitness levels welcome including those who may walk with assistance of cane or walker.*

Call Sylvia at 934-7434 to register.



## ST. PETER UNITED WAY EXECUTIVE DIRECTOR

The United Way of St. Peter is currently accepting applications for the position of ¼ time Executive Director. The Executive Director is accountable to the United Way Board of Directors and is responsible for the annual campaign, public relations, marketing, recruitment of volunteers and general United Way activities.

The ideal candidate will have strong communication skills (written and oral), organizational ability, knowledge of accounting, computer literate-word, excel, and leadership skills. Salary range \$8,000.00.- 9,000.00 Applicants are required to send a cover letter and resume to Jane Timmerman, St. Peter United Way, PO Box 42, St. Peter, MN 56082 by 5:00 pm July 9, 2010.

## Nicollet County Fair August 11-15

### Senior Day

Friday, August 13 at 1:00 p.m.

The 2010 Outstanding Seniors  
will be announced.

Entertainment & Refreshments!



## 2010 Outstanding Senior Volunteer Nominations

Nominations are being sought for  
Outstanding Senior Volunteers.  
Please contact Sylvia for a  
nomination form.

Call 934-0484.

Deadline is July 12.